

Women

Asts to celebrate 60th anniversary

On Wednesday, Dec. 28, exactly 60 years from the day they were married, Dr. David and Isabel Ast will be feted by their family at a dinner at Mr. Stox in Anaheim. They later will head to Hawaii to participate in yet another honeymoon.

The Asts have been in Leisure World since 1973 and David has been president of Common Cause, the Community Association, served on numerous Golden Rain Committees including the Capital Improvements Committee subcommittee on the maintenance center and the Health and Welfare Committee. He helped organize and was president for two years, of the Leisure World Region of the Orange County Jewish Federation.

Isabel in the meantime, has been active in the Braille Transcribers and was president "half a dozen times" she laughs.

The Asts have always been involved in something. Married in New York City in 1928, David, a dentist, became the assistant commissioner for medical case evaluation for New York state and in 1944 he initiated the Newberg-Kingston fluoride study, one of the earliest studies that proved the benefit of fluoride in water in preventing tooth decay.

Immediately after World War 2, between 1946-48, both David and Isabel headed overseas with the American Joint Distribution Committee working to help resettle refugees. While Isabel was in Paris getting supplies moved from place to place, David was travel-



ing setting up dental health programs in the various displaced persons camps.

While overseas David also hunted for a cousin who he knew had been interned in a concentration camp. He finally found her, working as a public health nurse in a children's camp in Germany.

Beside the Ast's daughter who lives in Northridge, their two grandchildren and families will join the dinner, and on Friday night, Dec. 30, in honor of their anniversary, Isabel will bless the candles at Temple Judea and David will be the reader.