



**ADELE SIIPOLA**  
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During her early years in New York City, Adele Siipola dreamed she would attend movie and stage premieres as a great drama critic.

"After finishing journalism school the closest I ever got to that was as a manuscript reader," she laughed without remorse.

From there Mrs. Siipola's path took a turn in another direction, establishing her as one of the more dedicated nutritional consultants in Laguna Hills. This began when her curiosity about food and its role in building health led her to attend a Long Beach City College lecture series.

From 1948 to 1953 she worked in the child health care program for St. Barnabas Parochial School in Long Beach, where she became president of the sponsoring Women's Parish Council.

In 1954 she was assigned as health representative for the Long Beach Parochial Schools. Through the Community Welfare Council and Harbor Dental Society an effective parent-pupil program in dental health resulted.

She also served as a board member of the Community Welfare Council, helping to enlarge a Long Beach City Health Department program for the parochial schools.

This decade of volunteer work led to a four-year job with the Harbor Dental Society as assistant to its executive secretary.

After the Siipolas moved to Orange, she spent three years at St. Joseph's Hospital in the fields of volunteer fund raising and administrative activities.

Next she worked for Coastline Foods, becoming store manager prior to 1972 when she and her husband Herbert moved to Hawaii. There she was a sales representative for cosmetic and health foods firms and soon was appointed manager of a new nutrition store.

In 1976 they came to Leisure World and purchased and for five years ran the store known as Adele's Health Foods on El Toro Road.