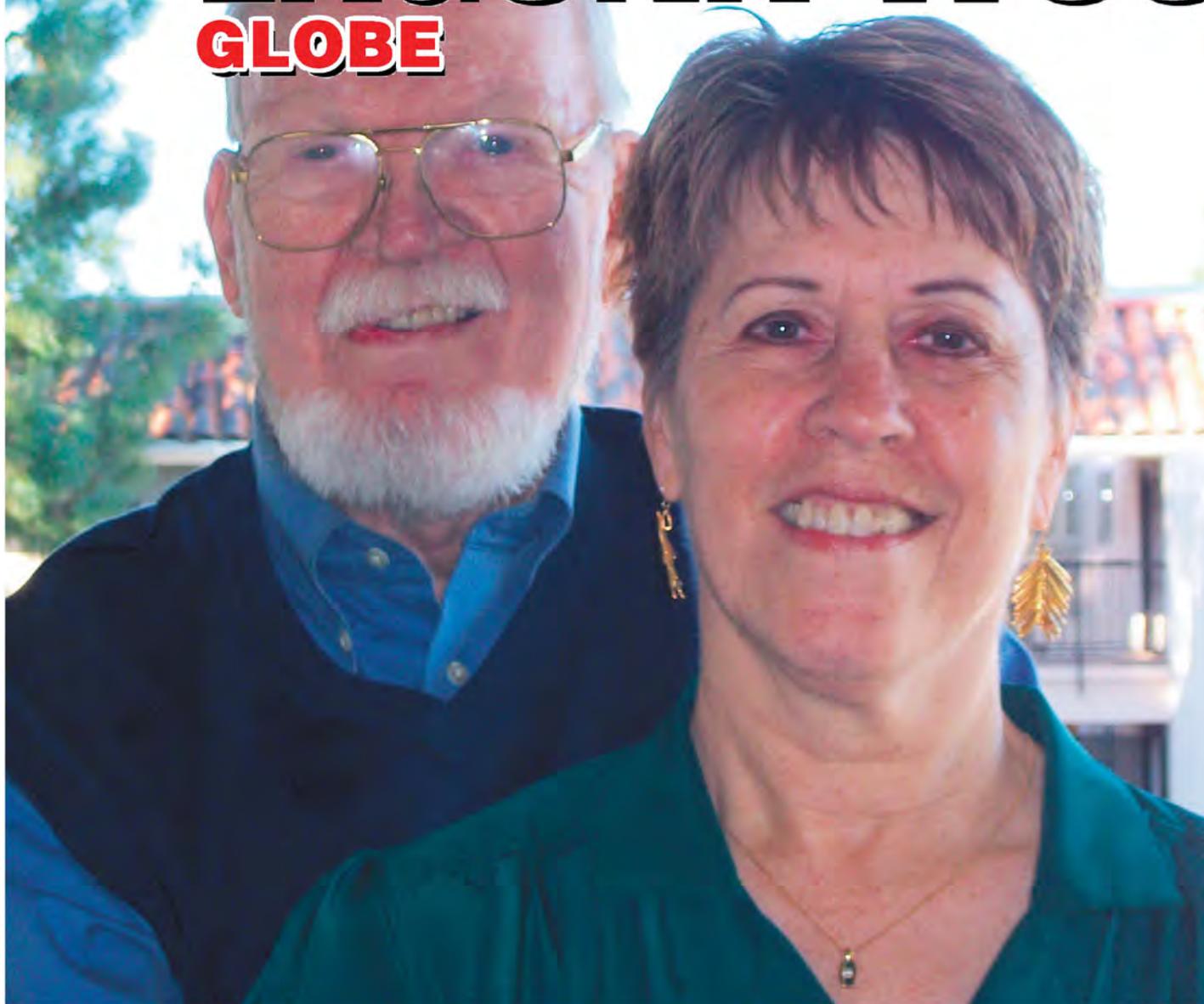


LAGUNA WOODS

GLOBE



CARINE NADEL, FOR THE LAGUNA WOODS GLOBE

Jim Juhan and Cynthia Conners will be honored Jan. 4 at Clubhouse 7 for making a difference in the Village since their arrival January 2007.

JANUARY HONOREES

HISTORICAL SOCIETY OF LAGUNA WOODS HONORS A COUPLE FOR MAKING A DIFFERENCE IN THE COMMUNITY.

PAGE 3

INSIDE

HOLIDAY
SCHEDULE
OF EVENTS

PAGE 7

NEW YEAR'S EVE
SHOW TICKETS
AVAILABLE

PAGE 9

2011: THE
YEAR IN
REVIEW

PAGE 14



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Historical Society honors local couple

BY CARINE NADEL
FOR THE LAGUNA WOODS GLOBE

The first recipient of 2012 for the Historical Society's Honoree of the Month is a couple: Cynthia Conners and Jim Juhan. A ceremony honoring them will be held at 9:30 a.m. Wednesday, Jan. 4, 2012 at Clubhouse 7.

The couple moved to the Village in January 2007 to be closer to Conners' mother. Not content to cruise through life, the couple immediately got involved in several clubs and boards within the community.

Both are U.S. Army veterans.

Conners, a practicing attorney in Irvine, was recently installed as mayor of Laguna Woods. Juhan, a minister and a licensed therapist, continues to help to counsel war veterans.

"We like to say we have chosen to do the same clubs and activities and see ourselves as assistants to one another," Conners said.

Their participation in community clubs include the California Club, where Juhan served as president this past year and will be on the board for the 2011-2012 year. He's also involved in the Kiwanis Club where he's also on the board and is the newsletter editor. Juhan also serves on the CCA Board, the City Greening Committee and serves as the Assistant Chaplain and newsletter editor for the American Legion.

Conners is also involved in those clubs plus she participates in the Battle of the Fitness Centers, was a member of the Third Mutual Board (where she served as president during their first year here), is presently on the City Council, serving as Mayor Pro Tem last year and is looking forward to her reign in the top seat for 2012.

"I know that people expect me to say that I consider being mayor as being the most important thing, but I don't know if this is actually a position of power, the way it is in other cities. All of us on the council take our turn at this spot at some point, sometimes twice! What I do think is important is that I serve my neighbors. That's one of the good things that happen when you're on the council; you can help to make things happen. Because of my contacts, when someone calls needing help, I can usually find answers to get it for them," Conners said.

"We are both very capable at what we



CARINE NADEL, FOR THE LAGUNA WOODS GLOBE

Cynthia Conners and Jim Juhan in their home. They will be honored by the Historical Society Jan. 4 at Clubhouse 7.

do; we love to be involved in our community. Outside of that, we also love to travel. In fact we are planning a trip to Santa Fe, New Mexico, for the holidays. We enjoy going off and spending time on our own."

The couple hit the ground running as soon as they moved to the village. Juhan says he feels the most important thing for him is supporting Cynthia since she got on the Third Mutual Board during that first year here. "Cynthia still works 40 hours a week and makes time for the council, so I see my job as helping her, making sure our home runs smoothly and then, because I have been in charge of several newsletters, I look over her speeches and notes to make sure what she has written is exactly what she wants to say," Juan said.

The couple also believe in being phys-

ically fit and active. "While Cynthia enjoys the gym, I enjoy walking. She does join me, but I can be seen going all over the area for my daily walks. I think it's very important to include exercise in your daily routine. I also keep busy with hospital visits and counseling," Juan said.

The Juhans have three adult children (and respective spouses), one granddaughter and three great-grandchildren, all of whom were not surprised to hear about their co-award. "Because they all live a distance away, we're not sure if they'll be able to join us for the ceremony, but our son is trying to arrange it. My mom, who's now 90, will be there. I'm hoping my sister and a cousin might get down here as well," Conners said.

And what does this busy and helpful couple want to say to their friends and

neighbors?

"As a therapist, I have helped so many through the grieving process. With that in mind, if we can help each other to enjoy the village as much as possible then we've done a lot," Juhan said. "We have a Friendly Visitor program here, get involved! If you're one of those who has a problem, don't grouse about it! Ask for help and get assistance. Besides the one program, we also have a person from Social Services at hand."

Conners adds, "While I had a natural curiosity as to how my new surroundings worked, many don't and just are content to cruise through letting others do the 'heavy lifting.' Don't be one of those, come on and help us out!"

For information about the ceremony call 206-0150.