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# Leisure Worlder of the Month

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## Norman William Freestone

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With his experience and expertise, Norman Freestone brings to Saddleback Hospital Stroke Club members a spirit that leads to accomplishment. He's been the Club's Program and Publicity Director since shortly after moving to Leisure World in 1980. The Club, now with about 40 regular members, offers a camaraderie that's developed through shared experiences and victories, regardless of the size and scope of those victories.

To honor and help pay back one of Leisure World's most successful and enthusiastic supporters, Norman Freestone has been named Leisure Worlder of the Month for March. A special ceremony to commemorate the event will be presented by Home Federal Savings and the Leisure World Historical Society on Friday, March 1, at 10:00 a.m., in Clubhouse Six. The public is invited to attend.

To understand the level of expertise and qualification of Norman Freestone, a journey back to his college days is necessary. His undergraduate study was in Speech and Theater Arts at Brigham Young University. From there, he received a master's in Speech and Psychology from the University of Southern California, followed by attaining his Ph.D. in Speech and Psychology, also at U.S.C. His field of research was An Electroencephalographic Study on the Moment of Stuttering.

In 1941, Freestone joined the faculty at Occidental College as a Professor of Speech and Speech Department Chairman. He remained with the school until 1977. He founded the Speech and Reading Clinics at Occidental, and also served as director

His work outside of the classroom was impressive too. He was Chairman of the Board for the Hear Center in Pasadena from 1969 to 1971. He served as Director of the Language Clinics at the Los Angeles Rehabilitation Center and he is a past president of the Western Speech Association and former editor of the Western Speech Journal.

Freestone found time for several professional organizations, including: American Psychological Society, the American Speech and Hearing Assoc., the American Communication Assoc. and Phi Kappa Phi, the graduate scholastic honorary society.

He also worked with the World Blind Institute in Copenhagen and with the Linguistic Association of America. He was a presidential appointed delegate to the White House Conference of Children and Youth in 1960.

All this, before coming to Leisure World. And all this shows just how prepared he was to serve the stroke club. Freestone believes the Stroke Club to be many things, but first and foremost, it's a service organization. The Club was begun in 1981, after a money crunch spelled the end to a similar program at Saddleback Hospital. Freestone was already a hospital volunteer at the time, and with his extensive background, filling the gap was a natural thing to do. He calls the club a reference point for stroke victims and their families.

"Most stroke victims understand written and verbal communication," he said, "but are unable to communicate effectively themselves. Victims and spouses are counseled together, or they can use the club for an outlet, a time apart from each other if necessary."

Freestone also devotes his time to the Saddleback Kiwanis Club, where he is the Chairman of the Committee on Communication Disabilities and is the group's new president-elect for 1985-86. In addition, he was program director in 1982 and president in 1983 of the Laguna Hills Academians.

He also enjoys public speaking, his topics ranging from "Aphasia and the Family," to "Roughing it with Mark Twain."

Norman and Dora Freestone have been married since 1935. They have three children and five grandchildren.