

HELENE IBERALL
Honoree of the Month – January 2011

Born in New York City in 1913, of parents who fled the Pogroms of Eastern Europe, Helene has had a lifelong commitment of helping others. She attended George Washington University, Western Reserve and Cabrini College and was married for 64 years to Arthur Iberall, a renowned theoretical physicist. They had four daughter, all with outstanding careers and three grandchildren.

In the 1940s during World War II, Helene worked in the canteens in Washington, DC where she met and befriended Eleanor Roosevelt. In acts of great courage and determination she helped the Soviet Refuseniks, tutored émigrés and always fought prejudice wherever it is. In addition to all of her volunteer work and raising a family, she had a career in the General Accounting Office in Washington DC, Office Manager in Philadelphia and a Realtor in Paoli, PA.

Helene and her husband moved to our Community in 1981 and immediately became active in a wide variety of activities.

She was honored for her work in many of these organizations by among others Brandeis University National Women's Committee, National Council of Jewish Women, Orange County Jewish Federation, and the Irving Jewish Community Center for tutoring foreigners.

Still an avid bridge player she recently reluctantly retired from duplicate bridge.

In 2003 she set a world record in the US Masters Swimming with her Laguna Woods teammates in the All American and World Freestyle event for 90 year olds and over.

Just this year, Helene joined the Theatre Guild's cast of a "Night at the Copa" and performed with her daughter in a poetic skit, which was performed at our CH#3.

She is still on the treadmill every day and now does virtual bowling in her living room when she isn't emailing comments to newspapers, senators, the President or her children/grandchildren.

This incredible 97 year old lady has a message for anyone that comes within earshot: "dwell on human kindness, volunteer, treat people gently with respect, be nice, and call your mother and sing to her".

~~1/15/11~~
Zip Dave - Iberall From

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