

# Great World

By Ross M. Cortese



In our most recent columns, we have been writing about taking care of one's health as a way of making the advanced years more enjoyable.

Now we have an opportunity to offer our congratulations to the Leisure Worlder of the Month who has devoted his life to helping people take care of their health.

The honoree for March, selected by Home Federal Savings and Loan Co. and the Leisure World Historical Society is Dr. Stanley J. Leland. His medical career has been quite remarkable, and he continues to serve the community.

We are happy to add our congratulations to those he has received from his neighbors.

Already an established physician when war erupted, Dr. Leland joined the U.S. Army Medical Corps in 1942.

Dr. Leland says he became interested in public health through his military service. "Public health means community health, and preventive medicine is the hymn that we sing," he said.

Dr. Leland reinforces what we have been quoting from the book "Vital Living After 50" when he mentions that

more and more emphasis is being placed on the prevention of disease as time goes along. "Much remains to be done in this area," the doctor said.

When Leland was discharged from military service, he became director of the United Nations Relief and Rehabilitation Administration in China.

After China, Leland's post was in Liberia, at that time the only black republic in Africa.

Later Dr. Leland worked as director of health for the state of New Mexico and served on the Mental Health Council of the Western Interstate Commission on Higher Education and as president of the United States-Mexico Border Public Health Association.

But he still was not finished. He served an additional three years as director of health in Imperial County and five years in Napa County before coming to Leisure

World eight years ago and beginning to serve his new community.

We are delighted to have such a distinguished member of the medical profession with us, and we know his advice will be helpful as we consider the great life we may still enjoy.