



**LEISURE WORLDER OF THE MONTH
SEPTEMBER 1996
HELEN MILLS-LINDSAY**

The Leisure World Voice is pleased to announce the selection of Helen Mills-Lindsay as Leisure Worlder of the Month for September, 1996. This event is sponsored by the Leisure World Historical Society and supported by the Ross Cortese Commemorative Fund.

Helen Mills-Lindsay hails from the Buckeye State of Ohio and received her primary education in

Cleveland, her city of birth. She attended Ohio Wesleyan, Western Reserve-Flora Stone Mather and Boston University School of Social Work, obtaining a BA and MS in Social Science. She was a member of Chi Omega sorority.

Our honoree began her career in 1932 and was active until 1985. Her specific job titles included psychotherapist (private

practice), Children's Home Society Supervisor, psychiatric social worker (Atascadero State Hospital, Ca.), Community service and children's service caseworker in New York and Boston.

Her career activities did not preclude Helen's participation in community/civic activities. From 1986 to 1993, Helen served as Assemblywoman in the California Senior Legislature progressing to her present assignment as Senior Senator in that legislative body. She has been recognized for her achievements with the Volunteer Award for South County Senior Services, Adult Day Health Care Volunteer Award and a Certificate (1993) from the National Council on the Aging, Inc.

Helen's family consists of husband Harry and step-sons, Bruce, Evan, Dean, their respective wives and grandchildren, Drake, Devon and Alexendria.

Places like Panama, Guatemala, Mexico, Hawaii, England, Denmark, Sweden, Norway, Turkey, Russia, France, Spain, Italy, Portugal, Scotland and Egypt have had the pleasure of Helen's visits.

Helen came to Leisure World in 1979 and, as is her wont became active in diverse areas. She had her garden plot, swam, enjoyed the Fitness Center's classes and participated in Concerned Citizens, People for a National Health Plan, Opera 100, and is a member of the Democratic Club, having served as its president. She also was an active participant on the GRF Health Study Committee.

On February, 1993, Helen organized a committee dedicated to development of long term plan about which she said: "This is my child, so I go every day to be sure all is well." The Committee has since become the Auxiliary to the titled On Lok/PACE day care center with a census of about 48 participants.