

LAGUNA WOODS

GLOBE



Loretta Sheppard of Laguna Woods Village will be honored as the Honoree of the Month in October by the Historical Society of Laguna Woods. >CLAIRE WEBB, STAFF

OCTOBER HONOREE

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Loretta Sheppard honored by Historical Society

BY CLAIRE WEBB
LAGUNA WOODS GLOBE

Loretta Sheppard once baked the grand-prize winning cookie recipe in Laguna Woods five years ago.

She said the secret to her winning chocolate chip cookie was glazed pecans and walnuts. Sheppard, 76, said it was just the thing to make a chocolate chip cookie

When she isn't a master baker, Sheppard may be known in the community for one of her many interests: acting, her love of Chicago, philanthropy or her days as a former fur coat model in Los Angeles.

The Laguna Woods Village resident of 10 years said she has been active in at least six different clubs and organizations because she said there is no comparison to the active senior community. Sheppard was named the honoree of the month by the Historical Society of Laguna Woods for her contributions in the community.

Sheppard, who grew up and raised her family in Los Angeles, said when it came time to retire she wanted a place where the activities were right in her backyard.

"I was on the freeway everyday," Sheppard said. "I wanted to find a place that had activities but not drive dis-



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tances."

Before coming to the Village, Sheppard was a caretaker for her mother-in-

law and her sisters for at least 25 years. She has continued her service by helping deliver Meals on Wheels to seniors.

Sheppard said helping out those with little or no family is a great feeling.

"I try to have a little fun and bring a smile to their face," she said.

Sheppard said she has always been interested in singing and dancing and has been in at least nine musicals with the Theatre Guild in Laguna Woods Village. Sheppard is currently in rehearsals for an upcoming performance of "A Night at the Copa."

Most recently, her love of theater has led her to become an alternate judge for the Music and Arts Commendation for Youth Awards. Sheppard said she met Lee Childress, one of the founders of the MACY Awards, while working with the Theatre Guild in Laguna Woods. Sheppard said she has admired the organization and has loved attending many of the high school performances in Orange County.

"I love working with these kids that are the up and coming musical stars of tomorrow," Sheppard said.

Although she dabbles in many activities, Sheppard said it's her love of the people around her that motivates her to keep active in her community.

Sheppard will be honored at a ceremony on Oct. 6 at Clubhouse 6 at 10 a.m.