

“Health and happiness are our birthright.”

During her early years in New York City Adele D. Siipola dreamed of the day she would attend movie premieres and resplendent stage first nights as a great drama critic.

“After finishing journalism school the closest I ever got to that was as a manuscript reader for a publishing firm,” she laughs today without a trace of remorse.

From there Mrs. Siipola’s life path took a remarkable turn in another direction. An insatiable search for over 30 years in the field of nutrition and health through education and practical experience has established her as one of the more dedicated nutritional consultants in the area.

Because of her humanitarian role in this field, Adele has been named Rossmoor Leisure Worlder of the Month for April

Her many friends, accumulated in generous numbers since she and her husband Herb opened Adele’s Health Foods store five years ago, are invited to be present at the Rossmoor New Sales salon at 10 a.m., Wednesday, April 1, for the informal ceremony when her color portrait will be prominently placed on a wall there. It will remain until Friday, May 1, when it will be removed and presented to her in a similar ceremony.

Understandably, Mrs. Siipola’s Good Samaritan bent ran parallel with the upbringing of daughters



Adele Siipola