

ROSE TING

Honoree of the Month – March 2010

Born in Shanghai, China, Rose received her main education from Belgian Catholic Nuns at St. Theresa's College

She arrived in California in 1970 and became an American citizen in 1977. Paul Tseng, a Master Disciplinarian, and a neighbor in Santa Monica taught Rose the Chi Kong steps and she has been sharing this skill with Laguna Woods residents since 1995 when she moved to our Community.

Rose has also been holding (mostly free of charge classes) outside of Laguna Woods Village at the Florence Sylvester Senior Center, Laguna Beach Senior Center and Sea County Senior Center in Laguna Niguel, and the Regency and maintains that the exercise is not only healthy but also very easy to learn.

In addition to her regular classes Rose has led instructions and demonstrations for the Polio Club, Parkinson's groups, Ebell, Bonzai Club and many others.

She met her husband to be Fritz Dunnbier, on a bus and they were married in 1995. Fritz has been Rose's number one support since that day and until very recently drove Rose to all of her 18 classes each week. When driving became difficult for Fritz, Rose became an avid bus rider and says she is a one of the biggest fans of the Laguna Woods bus system.

This wonderfully dedicated lady is always willing and ready to share her knowledge with anyone and many of those that she has taught have become her lifelong and very dear friends.