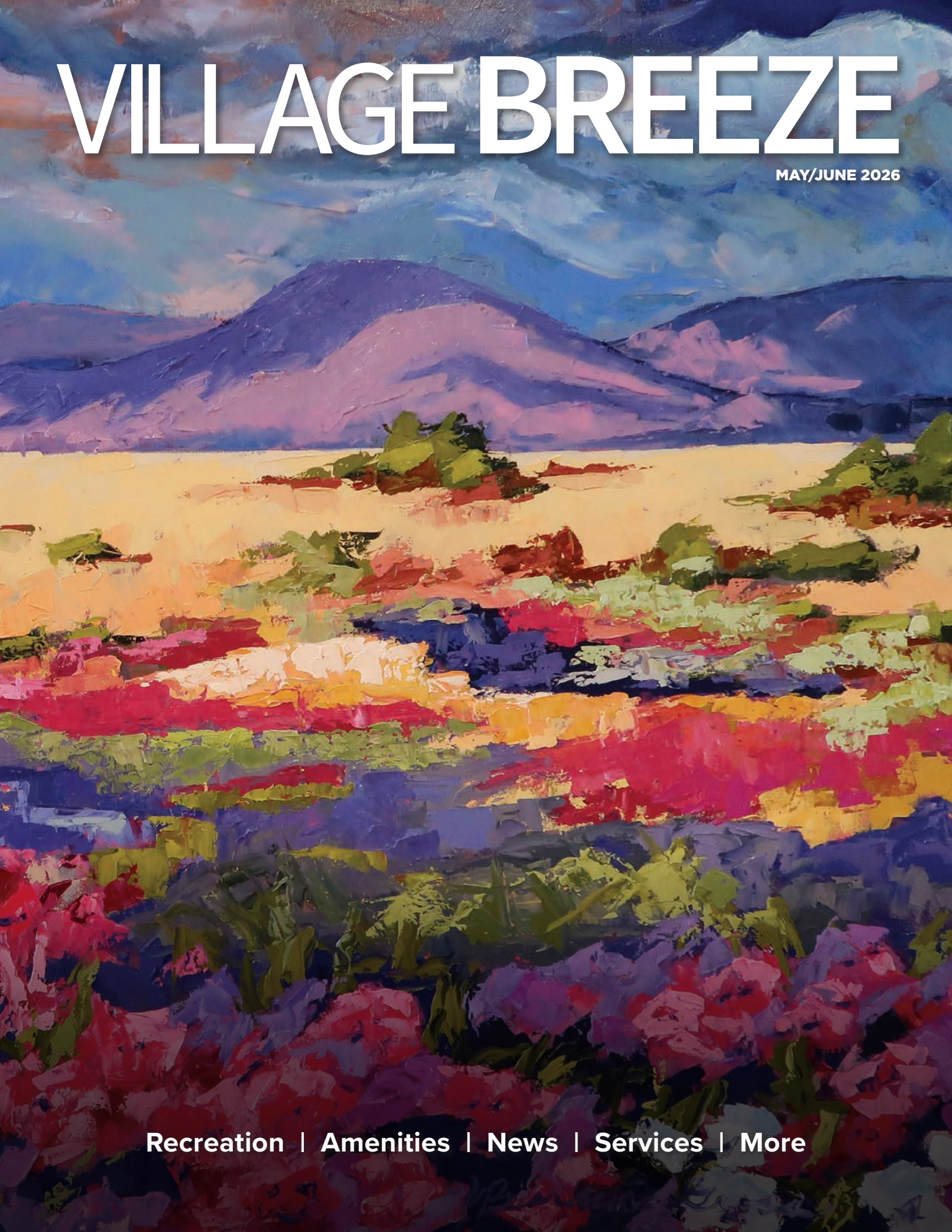


VILLAGE BREEZE

MAY/JUNE 2026



Recreation | Amenities | News | Services | More



Leading the Future of Heart Health

At MemorialCare, we have set the highest standards in heart care through innovation, expertise and a commitment to every patient's unique needs, including:

- Access to world-first clinical trials and advanced devices that can help some patients move beyond medication
- Leading specialists with the expertise to perform some of the rarest and most complex heart surgeries in modern cardiac care
- Dedicated women's heart care with state-of-the-art diagnostics and personalized treatment plans

MemorialCare is shaping the future of heart care for our community.






TO THE MOON AND BACK

Sometimes, it takes stepping outside our comfort zones to truly see what's been in front of us all along. Travel immerses us in different ways of living. Learning a new language sharpens our appreciation for the one we speak every day. Trying something new opens doors within us we didn't know existed, creating fresh perspectives—and even new neural pathways.

In many ways, that sense of discovery echoes the journey of the Artemis II astronauts, who ventured farther from Earth than any humans before them. From that extraordinary distance, they've shared images of our planet—and the far side of the moon—never before seen. Yet what resonates most is not just what they saw, but what they felt: a renewed awe for Earth itself.

From that vantage point, our world stands apart—vivid blue, rich with water, wrapped in a protective atmosphere, and uniquely capable of sustaining life. It's a powerful reminder that sometimes, the farther we go, the more clearly we understand the value of home.

That same spirit of rediscovery and appreciation is woven throughout this issue.

In “Two Clubhouses, Endless Possibilities,” Ellyce Rothrock explores the distinct energy of Clubhouse 2, with its sweeping views and vibrant recreation, alongside the warmth and traditions of Clubhouse 7—together offering something for every day and every interest.

For those inspired to step outside and see familiar surroundings with fresh eyes, Georgeanna Stark shares “10 Scenic Village Walks,” guiding readers to serene paths and breathtaking views right here in our own community.

This month also highlights “Champion Your Health,” in recognition of Older Americans Month, emphasizing the importance of staying active, connected and supported through strong community networks.

And in a milestone celebration, Community Concerts marks 60 years with a star-studded anniversary season—continuing a cherished tradition of bringing world-class music to the Village, as shared by Ian Samson.

Of course, appreciation often leads to responsibility. Our awe for this remarkable planet naturally inspires us to care for it—a sentiment at the heart of Earth Day. As we continue learning how to be better stewards, each small effort matters.

Because while there is value in venturing beyond what we know, there is also a profound truth we're reminded of time and again: There is no place like home.

Susan

**Susan Logan-McCracken,
Managing Editor**

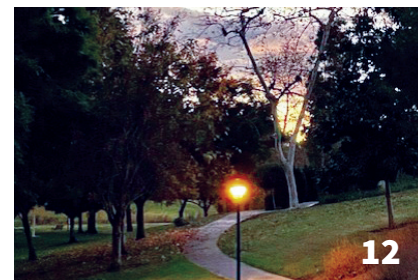


features

8 **Two Clubhouses, Endless Possibilities**
From sweeping views and high-energy recreation at Clubhouse 2 to social traditions and welcoming spaces at Clubhouse 7, these neighboring hubs offer something for every day.
BY ELLYCE ROTHROCK



12 **10 Scenic Village Walks**
Whether you seek a workout or a relaxing stroll, these trails offer serenity and breathtaking views.
ARTICLE AND PHOTOS BY GEORGEANNA STARK



16 **Connecting the Village**
A comprehensive guide to the Ting fiber rollout, available resources and hands-on support options for residents

18 **Champion Your Health**
Older Americans Month highlights the importance of community support systems that help residents remain active, safe and engaged.



20 **Community Concerts Marks 60 Years**
A star-studded anniversary season celebrates a cherished tradition of sharing world-class music.
BY IAN SAMSON FOR COMMUNITY CONCERTS

ON THE COVER: DESERT MAJESTY BY BERNICE GROSS



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VILLAGE BREEZE

The official magazine of
Laguna Woods Village

MAY/JUNE 2026

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departments

- 4** What's Up in the Village
- 19** Community Connected
- 19** The Foundation of Laguna Woods Village
- 31** Social Services
- 32** Manor Alterations
- 34** Recreation
- 56** Then & Now

from the Village Boards

REPORTS, NEWS AND UPDATES FROM YOUR BOARDS OF DIRECTORS

- 45** Garden Villa Association
- 46** Third Laguna Hills Mutual
- 48** United Laguna Woods Mutual
- 50** Golden Rain Foundation of Laguna Woods
- 52** Village Management Services
- 54** Mutual No. Fifty



Village Management Services, Inc.



THE TOWERS
at Laguna Woods Village



in every issue

KEYS TO THE COMMUNITY

- 28** Village Map
- 30** Stay in Touch



WHAT'S UP IN THE VILLAGE

Gardening in Laguna Woods Village

Gardening is a longtime favorite pastime for many residents, and the Village provides dedicated space for it at our Garden Centers.

To maintain safe, consistent and well-managed common areas, fruits and vegetables may only be grown within designated Garden Center plots. Personal or “informal” gardens in common areas are not permitted.

This approach helps the Village:

- Maintain landscape standards across shared spaces.
- Support efficient irrigation and maintenance.
- Reduce conditions that attract rodents and other wildlife.

Produce and plantings outside of approved areas can unintentionally attract animals such as rats and



squirrels, which in turn draw predators, including coyotes. Limiting where food sources are grown is one of several steps the Village takes to manage this ongoing issue.

Residents currently maintaining personal garden areas must discontinue those activities.

For those interested in gardening, the Garden Centers offer a welcoming, well-supported environment to grow fruits, vegetables and flowers.

Residents interested in gardening may contact the Garden Center coordinator to be added to the waitlist for a plot. Due to high demand, availability may take time; however, the Garden Centers remain the designated and appropriate location for growing fruits and vegetables within the Village.

To learn more or inquire about plot availability, contact Garden Center Coordinator Tamara Halle at Tamara.Halle@vmsinc.org.



POOL SAFETY REMINDERS

As pool use increases for the season, we'd like to share a few friendly reminders to help keep the space safe and enjoyable for everyone:

- Please walk on the pool deck.
- Children must be supervised at all times.
- Guests must be accompanied by a resident (maximum of five guests per resident).
- Please follow all posted pool rules.

- Be courteous and respectful to fellow swimmers.

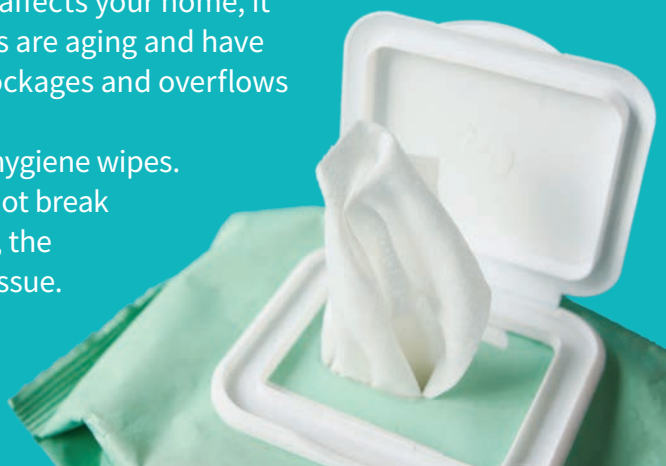
To view the pool schedule, visit lagunawoodsvillage.com/document/pool-schedule. To view the pool operating rules, visit lagunawoodsvillage.com/document/pools-hot-pools-and-locker-rooms. We appreciate your help in keeping the pool a welcoming space for all.

Wipes and Pipes DON'T MIX

No one likes to talk about sewage backups, but when one affects your home, it quickly becomes an urgent issue. In the Village, sewer lines are aging and have limited capacity, making them especially vulnerable to blockages and overflows that can impact buildings throughout the community.

One of the biggest causes of these blockages is personal hygiene wipes. Despite being marketed as “flushable,” these products do not break down like toilet paper. Once a sewer line or toilet is clogged, the blockage attracts additional debris and becomes a critical issue.

Always dispose of wipes in the trash, never in Village toilets. To help protect the community’s plumbing system, please flush only standard bathroom tissue.



SNAKE SEASON SAFETY



Snake season is underway, and sightings have increased throughout the area. There have already been reports of both people and pets being bitten, making awareness and preparation especially important.

If you have a pet, check with your veterinarian in advance to confirm whether rattlesnake antivenom is available. Not all clinics stock it, so knowing where to go ahead of time can save valuable time in an emergency.

If Your Pet is Bitten

- Call your veterinarian or the nearest emergency animal clinic immediately before heading in.
- If it can be done safely, take a photo of the snake

to help with identification.

- Keep your pet as calm and still as possible.
- If possible, keep the bite area at or below heart level during transport.

If A Person is Bitten

- Call 9-1-1 immediately or seek emergency medical care.
- Remain calm and limit movement to slow the spread of venom.
- Keep the bite area at or below heart level.
- Remove any tight clothing or jewelry near the bite area.
- Do not attempt to suck out the venom or apply ice.

Prevention Tips

- Stay on marked paths when walking outdoors.
- Keep dogs on a leash, especially in brushy or rocky areas.
- Avoid reaching into areas you cannot clearly see.
- Be alert in warm weather, when snakes are most active.

Being prepared and knowing how to respond can make a critical difference. Taking a few simple steps now can help protect both you and your pets this season.



WHAT'S UP IN THE VILLAGE



Seasonal Landscaping OPERATIONS UPDATE

With warmer seasonal temperatures accelerating plant growth, landscaping crews are prioritizing more frequent mowing. Residents can expect steady maintenance activity as crews work to keep up with seasonal changes.

While mowing and trimming will increase during this period, planting may temporarily slow in hotter weather to prevent stress on new plants. To maintain safe working conditions, crews may also begin work earlier in the day.

Personal items should not be placed in common area spaces, especially in turf areas. Mowing around objects such as solar lights, statues or seasonal decorations is labor-intensive and may cause damage to both belongings and equipment. For safety and efficiency, crews maintain a 1-foot clearance around objects, and areas blocked by personal items will not be mowed or serviced.

To ensure proper maintenance and avoid potential damage, please remove all personal items from turf areas.

Mowing schedules are posted at bit.ly/4vkbGR1.

MemorialCare Saddleback Medical Center Recognized

MemorialCare Saddleback Medical Center has been recognized as a 2026 Patient Safety Excellence Award recipient by Healthgrades, placing the hospital among the top 10% of hospitals nationwide for patient safety. This marks the third consecutive year Saddleback Medical Center has earned this distinction.

MemorialCare Saddleback Medical Center also was recently named one of America's 250 Best Hospitals for overall clinical care and was recognized for excellence in key service areas, including cardiology, gastroenterology, orthopedics and pulmonary care. Together, these honors reflect the organization's ongoing commitment to delivering compassionate, individualized care at every step of the patient's journey.

In addition, two of MemorialCare's ambulatory surgery centers in Long Beach and Laguna Hills were named Best Ambulatory Surgery Centers out of more than 4,400 outpatient surgical centers nationwide, by U.S. News & World Report. MemorialCare Outpatient Surgical Center Long Beach was recognized for ophthalmology, colonoscopy and endoscopy, while MemorialCare Digestive Care Center at Saddleback Medical Center was recognized for colonoscopy and endoscopy.

Share Your Feedback Anytime

The Village's ongoing resident survey is quick, anonymous, mobile friendly and available in multiple languages. Rate service experiences, share impressions and suggest improvements year-round.

Click the "Contact us" button and select "Resident survey" or visit lagunawoodsvillage.com/resident-survey.

*For general feedback only.
Do not use for emergencies or urgent issues.*



RECOGNIZE A VMS EMPLOYEE

Highlight the dedication of a staff member whose work has made a positive difference for you or your neighbors. Kudos cards are available at clubhouse offices and the Community Center concierge desk. For an online recognition form, visit bit.ly/4cCreHm.

Stay connected in the Village

Village Management Services' Communications Division shares all the important Village news, events and activities residents need to know about. Don't miss out!

The every-Friday "What's Up in the Village" digital newsletter highlights the Village's must-know current news, updates, events, schedules, how-tos and more, as well as news and notifications from outside the Village that affect your community.

Sign up to receive "What's Up in the Village" every Friday delivered to your inbox and be in the know about what's going on in the Village.

- Visit lagunawoodsvillage.com/news/subscribe-to-news.
- Fill out the short form with your name, email address and manor number.
- Click the "Submit" button.



Know the Signs. Reduce the Risk. Protect Your Brain.

Join us for an informative evening on stroke awareness, treatment and brain health as we age.

Join physicians from **MemorialCare Saddleback Medical Center** for an educational discussion on stroke prevention, treatment and healthy brain aging. Learn how to recognize the warning signs of a stroke, understand your personal risk factors, and explore ways to protect brain health as you grow older, along with resources available through **MemorialCare's Neuroscience Institute**.

Event Details

May 26 | 5:30 - 7 p.m.

**24112 Moulton Parkway
Clubhouse 2**

Registration required.
[memorialcare.org/LWneuro](https://www.memorialcare.org/LWneuro)


MemorialCare[™]
Saddleback Medical Center


Laguna Woods Village®

TWO CLUBHOUSES, *Endless Possibilities*



On any given morning in Laguna Woods Village, the rhythm of the day begins to take shape at Clubhouses 2 and 7.

At Clubhouse 2, the first swimmers slip into cool, glassy water as the sun rises over the Saddleback Mountains. Nearby, lawn bowlers gather with quiet focus, measuring shots and trading conversation between turns. Just across the way at Clubhouse 7, tables are being set, chairs arranged and familiar faces arrive, ready for another afternoon of bridge, laughter and routine.

Two spaces. Two distinct energies. One shared purpose: bringing people together in ways that make each day feel full.

CLUBHOUSE 2: WHERE THE DAY GETS MOVING

Perched alongside the Village's 27-hole golf course, Clubhouse 2 is a place defined by motion. Whether it's a steady swim, a morning yoga class or the soft roll of a lawn bowling ball across manicured greens, activity here is constant and varied.

The setting itself is part of the experience. Expansive views stretch across the valley, offering a backdrop that turns even everyday routines into something memorable.

Residents come for different reasons. Some for fitness, taking advantage of the Village's coolest pool, maintained at a refreshing 80 to 82 degrees. Others for recreation, with lawn bowling drawing both seasoned players and newcomers eager to learn.

Inside, the pace continues. The clubhouse hosts a wide range of classes throughout the week, from Chi Kung and multiple styles of yoga to Zumba toning and even language instruction. The variety allows residents to shape their own routines, whether they are looking to stay active, try something new or simply connect with others.

And then there are the moments when Clubhouse 2 transforms entirely. Large-scale events, including the annual Laguna Woodstock festival, bring hundreds of residents together for music, dancing and celebration. It's a reminder that this space is not only about individual activity, but also shared experience on a community-wide scale.

From sweeping views and high-energy recreation at Clubhouse 2 to social traditions and welcoming spaces at Clubhouse 7, these neighboring hubs offer something for every day.

By Ellyce Rothrock | Photos by Mark Rabinowitch



At 80°F to 82°F, Pool 2 is the most refreshing with the coolest temperature out of the Village's five pools. Serious lap swimmers are best served at this pool, which offers an ADA-compliant Admiral lift chair. Lane lines are available during specified hours.

CLUBHOUSE 2 AT A GLANCE

Location

24112 Moulton Parkway | 949-597-4285

Open Monday through Friday 9 a.m. to 5 p.m., with extended hours to accommodate reservations; weekend hours vary based on reservations

Highlights

- 27-hole golf course access
- Lawn bowling greens with lessons and social play
- Coolest pool in the Village (80°–82°F)
- Fitness, yoga and enrichment classes
- Video lab and studio, card room, lawn bowling

Amenities

- Lawn bowling
- Golf
- Paddle tennis
- Pickleball
- Pool 2

For details, see “Amenity Info” on page 43.

Classes

- Swim Clinic with Jan Levinrad
- Russian Language Class with Janet Preissler
- Chi Kung
- Mat Yoga with Zahir Movius
- Chair Yoga with PoChan
- Vinyasa Yoga with Suzanne Curtis
- Zumba Toning with Tracy Murray

For details, see “Ongoing Classes” on page 40.

CLUBHOUSE 7 AT A GLANCE

Location

24111 Moulton Parkway
949-268-2417

- Open Monday through Friday 9 a.m. to 5 p.m., with extended hours to accommodate reservations; weekend hours vary based on reservations
- Bridge games Monday through Friday from 12:30 to 4 p.m. (bridge class schedule varies)

Highlights

- Event space for up to 130 guests
- Home of the Village's bridge community
- Weekly bridge games and classes
- Tai Chi and yoga programming
- Access to tennis courts and driving range

Amenities

- Golf
- Tennis

For details, see "Amenity Info" on page 43.

Classes

- Tai Chi
- Yoga with Kim Min

For details, see "Ongoing Classes" on page 40.



CLUBHOUSE 7: WHERE CONNECTIONS TAKE CENTER STAGE

Just steps away, Clubhouse 7 offers a different kind of rhythm. Here, the focus shifts from movement to connection.

Designed to host up to 130

guests, the space lends itself naturally to gatherings, whether it's a club meeting, a private event or a familiar group settling in for an afternoon game.

At the heart of Clubhouse 7 is its vibrant bridge community. With dozens of tables in play and a full



weekly schedule, the clubhouse has become a cornerstone for residents who share a passion for the game. For many, it's more than recreation. It's routine, friendship and a sense of belonging.

The clubhouse also supports a quieter kind of wellness. Regular

Tai Chi and yoga classes offer residents a chance to slow down, reset and focus on balance and flexibility.

Step outside, and the options expand. Tennis courts and the nearby driving range provide easy access to additional recreation, allowing residents to blend social time with physical activity.

TWO EXPERIENCES, ONE COMMUNITY

What makes Clubhouses 2 and 7 so unique is not just what they offer individually, but how they complement each other.

One is expansive, energetic and ever-changing. The other is

grounded, social and rooted in tradition.

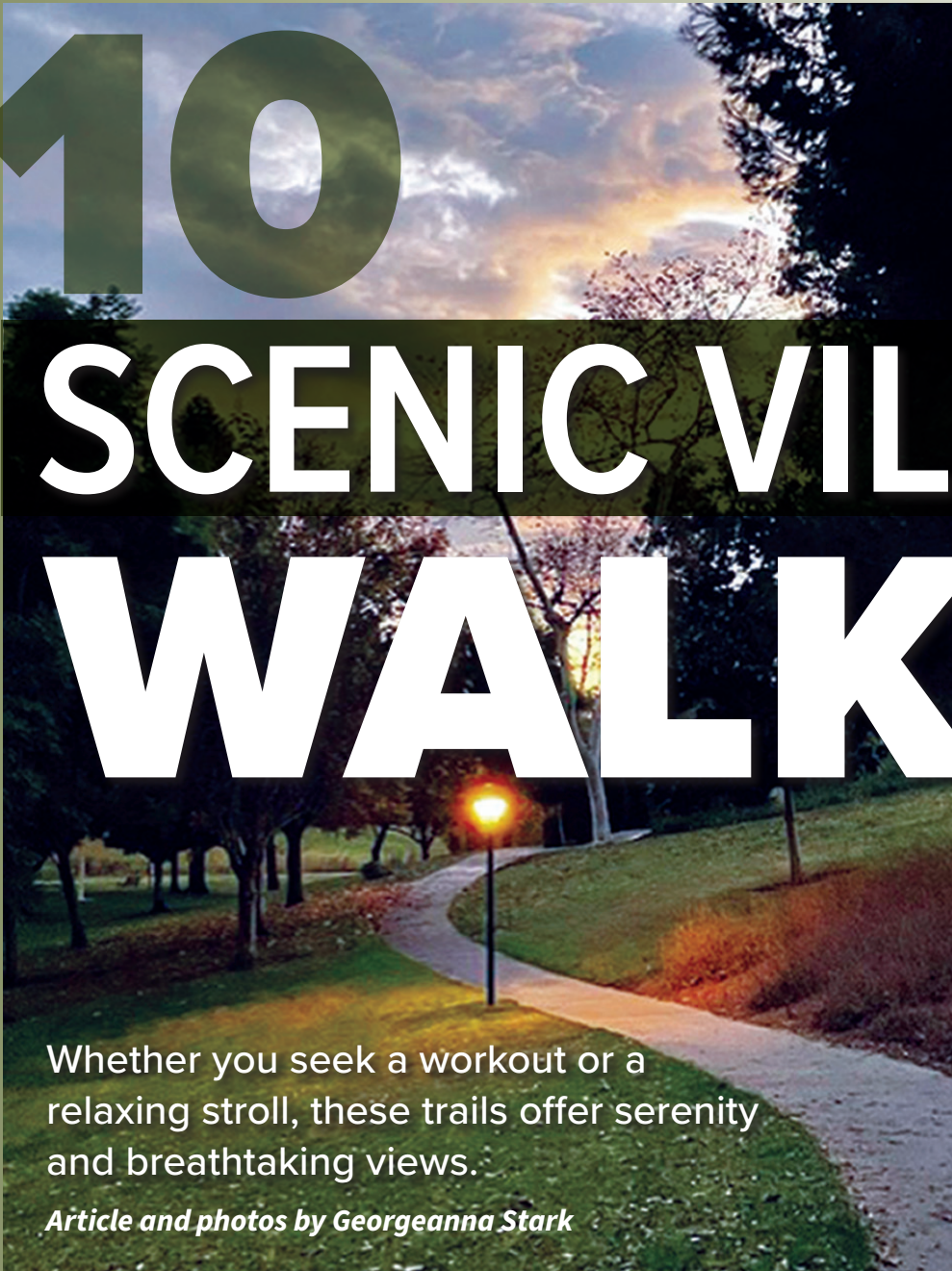
Together, they create a balance that reflects the broader Village experience. Residents can move between them with ease, shaping their days around what they need, whether that's activity, connection or a little of both.

It's not unusual for a day to begin with laps in Pool 2, continue with a class or a match on the greens, and end across the way at a bridge table or evening gathering.

And that, in many ways, is the story of the Village itself: a community designed not just for living, but for living well.

10

SCENIC VILLAGE WALKS



Whether you seek a workout or a relaxing stroll, these trails offer serenity and breathtaking views.

Article and photos by Georgeanna Stark



We enjoy myriad activities in Laguna Woods Village. From the Yacht Club to pickleball, from ceramics to woodworking, to gazing at the night sky with the Astronomy Club, wonderful pursuits keep your calendar exciting and full. It's also nice to slow things down and enjoy the incredible natural beauty of our

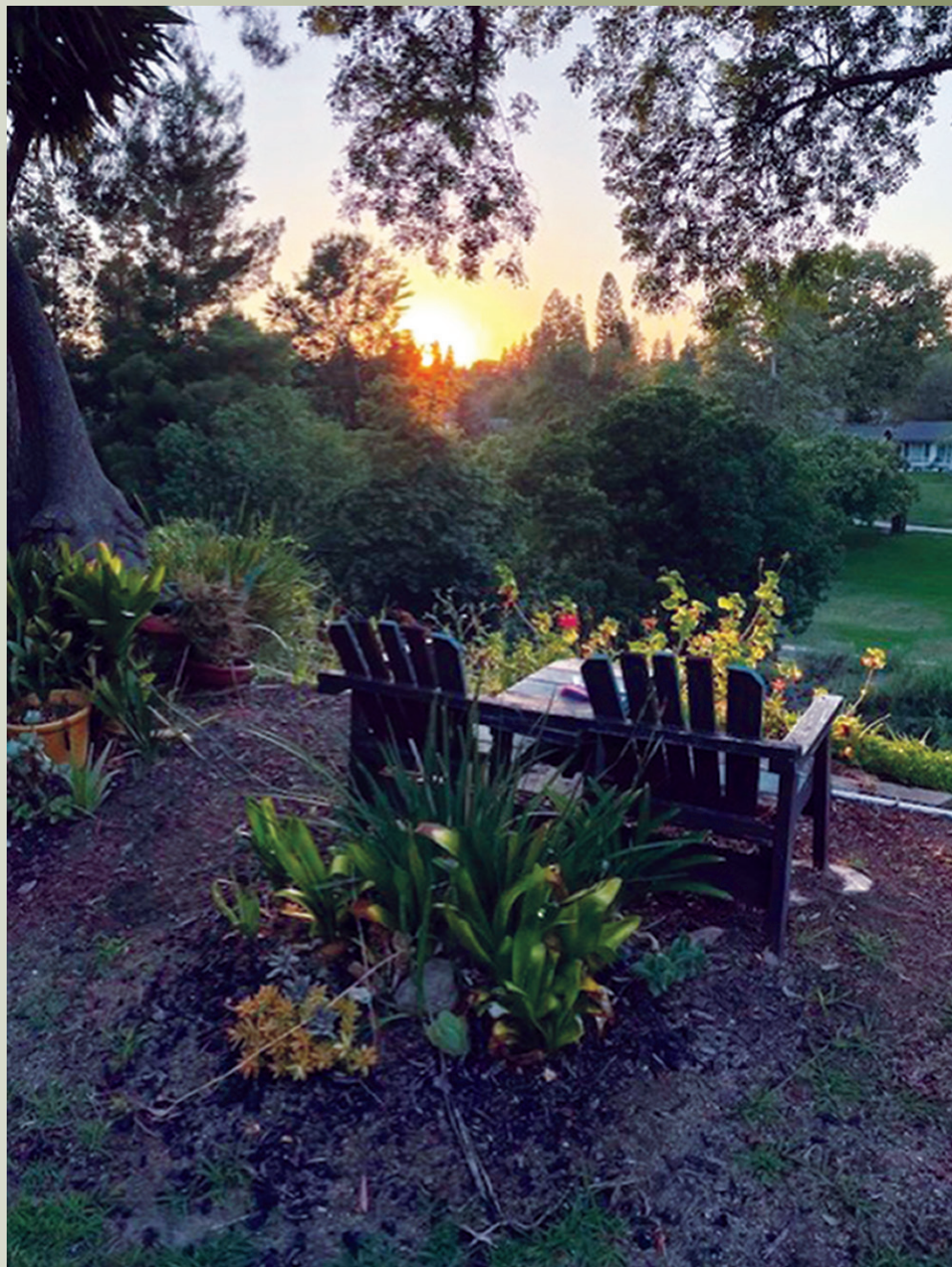
Village. How? Just take a walk. We are so fortunate to have 10 scenic trails within our gates. Whether you're seeking a cardio workout or relaxation, these walks offer scenic beauty and stunning views.

So, lace up those walking shoes, wear sunscreen and a hat, grab your reusable water bottle and embrace the natural beauty

that can be found right outside your door. You can find handy maps for each of these walks on the Laguna Woods Village website at bit.ly/40T1vFd.

1. UNITED SOUTH WALK

Inside Gates 1, 2, 3 and 4 the United South Walk offers several trail choices in this beautiful area. The 2.16-mile,



shaded Serpentine Trail begins across from the Performing Arts Center (PAC) and meanders its way to Gate 2.

Turn onto Avenida Majorca and through cul-de-sac 56 to join up with the Aliso Creek Trail, which runs along a treasured riparian and wildlife sanctuary. Experience the

TREE WALK GUIDES

Pick up a Laguna Woods Village Tree Walk Guide for the Aliso Creek Park, Friendship and Serpentine walks at the History Center lobby brochure rack Monday through Friday 11 a.m. to 1 p.m. Printable digital versions and narrated videos are also available at lagunawoodshistory.org.

serenity of a natural waterway, complete with families of

ducks and snowy egrets. And you can get your '60s groove

LAGUNA WOODS VILLAGE WALKWAY MAPS



FIND MAPS

Find all 10 walking trail maps, which list distances, elevations, bench and restroom locations, alternate paths and more, at bit.ly/40T1vFd.

on by hugging the majestic 450-year-old Sycamore tree, which is a major highlight on this scenic walk.

Be sure to walk at various times of day to soak up the changing clouds and breathtaking sunsets. In the

early evenings of spring, you will be greeted with a chorus of croaking frogs on the lower Aliso Creek trail.

2. UNITED NORTH WALK

Like the United South Walk, the North Walk also surrounds you with the sights and sounds of nature between Clubhouse 1 and the PAC.

Take a stroll on the .7-mile, relaxing and shaded Friendship Walk, where you can find the 1966 bronze dedication plaque along your route.

For a longer walk, follow the 1.76-mile or the 1.52-mile alternate trails.

3. GATES 5 AND 6 WALK

Inside Gates 5 and 6 is a sunny, .84-mile level loop that meanders along the east side of the 27-hole golf course. Bring your hat, because you'll find little to no shade here.

4. THIRD MID NORTH WALK

This 2.26-mile walk inside Gates 7 and 8 offers the Village's longest walk that is dotted with benches and a scenic overlook, where you can view the white water tower.

5. THIRD 9-HOLE WALK

Enjoy a relaxing 1.33-mile walk around the par 3 course. Turn into cul-de-sac 373 and sit on

the covered patio, which offers a beautiful water view near the first and ninth holes.

6. THIRD GATE 11 WALK

This 1.36-mile walk inside Gate 11 loops around our single-family detached homes section. Be sure to wear a hat because daytime shade is rare on this walk.

7. THIRD WEST WALK

Inside Gate 10 and bordered by Clubhouse 6, Bahia Blanca East, Clubhouse 5 and Bahia Blanca West, four routes range from .6 to 2 miles. Be sure to visit cozy Clubhouse 6, which welcomes grandchildren in the summer to enjoy the pool.

8. THIRD SOUTH WALK

You'll get your cardio workout on this hilly 1.88-mile route inside Gate 9 that borders the Laguna Coast Wilderness Park and Clubhouse 5.

9. THIRD SOUTH EAST WALK

This hilly 1.69-mile walk leads you through beautiful residential areas inside Gate 9.

10. THIRD GATE 14 WALK

If you're looking for a challenging incline, you'll find the highest elevation inside Gate 14 with a .71-mile loop. Decide which direction best suits your stamina. Starting up Calle Sonora Oeste offers the most challenging workout, while Calle Sonora Este rewards you with breathtaking views of Saddleback Valley and the mountains beyond.



Bridge at Aliso Creek

BIRDSONG APP

For added enjoyment on these “nature-centric” walks, Merlin Bird ID by Cornell Lab identifies bird species by their songs in real time on your smartphone. Find the free app on Google Play or the App Store.



Connecting THE VILLAGE

A comprehensive guide to the Ting fiber rollout, available resources and hands-on support options for residents

As Laguna Woods Village continues its transition to Ting fiber internet and DirecTV service, residents are seeing visible progress across the community and gaining access to a growing network of support resources designed to make the shift as smooth as possible.

From installation updates to hands-on assistance and self-guided learning tools, multiple pathways are now in place to help residents navigate the change with confidence.

TING FIBER ROLLOUT: WHAT TO EXPECT

Installation of Ting Fiber Internet is well underway throughout the Village, with crews continuing work across neighborhoods. As construction progresses, residents may see technicians completing both community infrastructure and in-manor connections.

To stay informed, visit Ting's dedicated Village webpage, tinginternet.com/lagunawoodsvillage, which includes construction updates, installation timelines, service options, frequently asked questions and upcoming events.

The site also features a Help Center with troubleshooting tips, guidance on connecting with a live agent and step-by-step articles designed to simplify the transition.

STAY CONNECTED: NOTIFICATIONS AND PREPARATION

Residents can ensure they receive important installation updates by confirming their phone number and email address with Resident Services at residentservices@vmsinc.org or **949-597-4600**.

Official Ting communications will come from:

- Email: lagunawoodsvillage@ting.com
- Phone/text: **714-263-1826** (identified as Ting)

Appointment reminders are sent at 60, 30, 21 and three days and one day prior to installation.

BEFORE YOUR INSTALLATION APPOINTMENT

Residents can prepare by clearing space near their current modem or router, ensuring access to an electrical outlet and selecting two devices to connect during the visit.

During the appointment, technicians will install the modem and router, connect two wireless devices and confirm internet and TV services are working before leaving.

EASY ACCESS TO ONLINE HELP

A new “Visit the Ting Website” button is now available directly on the lagunawoodsvillage.com homepage, providing quick access to Ting’s Help Center and support resources.

This centralized access point allows residents to easily find answers to common questions and explore support options at any time.

PC CLUB: A TRUSTED LEARNING RESOURCE

For residents who prefer a guided, educational approach, the Village’s PC Club offers extensive support throughout the transition.

The club has created a dedicated Ting Fiber section on its website featuring project updates, FAQs and basic internet

guidance, equipment and installation overviews, advanced technical topics, a helpful infographic and a schedule of upcoming classes.

Visit thepcclub.org/ting-fiber-rollout-new for an overview of the Ting fiber rollout, a helpful infographic, information on the basics of the new Ting Internet including FAQs, an overview of equipment and installation, and more advanced topics. Residents can visit the PC Club at the Community Center, located at 24351 El Toro Road.

IN-HOME ASSISTANCE: R.I.S.E. SUPPORT OPTION

For those who prefer personalized, hands-on help, a group of experienced resident contractors has organized R.I.S.E. (Resident Internet Support Experts), an independent service offering in-home assistance during the transition.

R.I.S.E. contractors can assist with:

- Transitioning to Ting internet
- Connecting devices to a new Wi-Fi network
- Troubleshooting basic technology questions
- Using streaming apps such as Netflix or Prime Video
- Setting up streaming devices, including smart TVs, Roku, Apple TV and Fire Stick
- Assistance with DirecTV setup once service is available

To support residents during the rollout, contractors are offering \$45 for 30 minutes and \$60 per hour.

Contractors are already familiar with Laguna Woods

Village and its unique technology needs. Names and contact information are available through the PC Club website.

Please note that R.I.S.E. contractors operate independently and are not affiliated with Ting, Laguna Woods Village, Village Management Services, Village boards or Village clubs.

WATCH AND LEARN: VILLAGE TELEVISION RESOURCES

Residents who prefer visual learning can explore nearly 20 videos dedicated to the Ting fiber rollout on the Village Television YouTube channel at youtube.com/@VillageTelevision/search.

These videos feature Ting staff and provide a clear overview of the installation process, insight into equipment placed in homes and a step-by-step look at how the transition unfolds across the Village.

MULTIPLE PATHS, ONE GOAL

With a combination of online tools, in-person resources, educational programming and optional in-home support, Laguna Woods Village residents have more ways than ever to stay informed and confident during the transition to Ting fiber internet.

Whether learning independently, attending a class or receiving hands-on help at home, residents can choose the approach that best fits their comfort level and needs as the rollout continues across the community.



CHAMPION YOUR HEALTH

Older Americans Month highlights the importance of community support systems that help residents remain active, safe and engaged.

Each May, communities across the country observe Older Americans Month, a national recognition of the many contributions older adults make to society. Established in 1963 by President John F. Kennedy, the observance celebrates the experience, wisdom and continued engagement of older Americans while encouraging healthy, active aging.

The 2026 theme, Champion Your Health, focuses on prevention, wellness and the personal choices that support independence and quality of life. The message is simple: Small actions today can help protect health and mobility in the years ahead.

Residents can champion their health in many ways, including:

- Staying physically active through walking, stretching, strength training or group fitness
- Scheduling preventive care visits and screenings
- Staying socially connected through clubs, volunteer work and community events
- Learning new skills that support physical and mental well-being

Older Americans Month also highlights the importance of community support systems that help residents remain active, safe and engaged.

Here in Laguna Woods Village, residents have access to many resources that support healthy aging, from recreation programs and educational classes to volunteer opportunities and social services. Taking advantage of these programs helps strengthen both individual well-being and the broader community.

Whether through staying active, helping neighbors or continuing to learn and grow, residents demonstrate every day that healthy aging is about staying involved, curious and connected.

FITNESS CENTERS

Community Center
Fitness Center
24351 El Toro Rd
949-268-2275

Clubhouse 1 Fitness Center
24232 Calle Aragon
949-597-4284

Clubhouse 5 Fitness Center
24262 Punta Alta
949-597-4382
[lagunawoodsvillage.com/
fitness-centers](https://lagunawoodsvillage.com/fitness-centers)

FITNESS CLASSES

See “Ongoing Classes” on page 40.

bit.ly/3YmE59C,
[lagunawoodsvillage.com/
amenities/recreation](https://lagunawoodsvillage.com/amenities/recreation)

THE FOUNDATION OF LAGUNA WOODS VILLAGE

949-597-4267
foundationlww@gmail.com,
[foundationoflagunawoods
village.org](https://foundationoflagunawoodsvillage.org)

SOCIAL SERVICES

Community Center
24351 El Toro Road
949-597-4267
[lagunawoodsvillage.com/
social-services](https://lagunawoodsvillage.com/social-services)

VILLAGE CLUBS

[lagunawoodsvillage.com/
clubs](https://lagunawoodsvillage.com/clubs)

VOLUNTEER

[lagunawoodsvillage.com/
amenities/recreation/
#volunteer](https://lagunawoodsvillage.com/amenities/recreation/#volunteer)



COMMUNITY EDUCATION EFFORT

Because neighbors are often the first on the scene, these decals can help identify residents who may need to be checked on during an emergency. The decals may also assist professional first responders. However, emergency personnel respond based on the severity of the situation and available resources.

Participation is voluntary and free of charge. The decal is intended for informational purposes only and does not guarantee assistance or create any legal obligation to provide aid. The Foundation of Laguna Woods Village is not an emergency response provider and is offering this program as part of a broader community education effort.

EMERGENCY DECAL PROGRAM

New initiative helps neighbors continue to help one another.

By Marcy Sheinwold for the Foundation of Laguna Woods Village

The Foundation of Laguna Woods Village is introducing a new initiative aligned with its “Neighbors Helping Neighbors” motto. The emergency decal program is designed to help identify residents who may need additional assistance during an emergency, such as a fire, earthquake or power outage.

The decal is a window cling that should be placed on a window near the front door of a manor. Window clings are vinyl graphics that adhere to smooth surfaces such as glass and can be easily removed.



DECAL DISTRIBUTION

Initial distribution will take place through the Garden Villa Association, Social Services and the Meals on Wheels program. Residents may also contact The Foundation of Laguna Woods Village at foundationlwv@gmail.com or **949-268-2246** to request a decal. A 4-inch square version is also printed on this page and may be cut out and affixed to paper or cardboard for posting on a visible surface.



COMMUNITY CONCERTS MARKS 60 YEARS

A star-studded anniversary season celebrates a cherished tradition of sharing world-class music.

*By Ian Samson for
Community Concerts*



Sixty years after Laguna Woods Village residents gathered for a modest piano recital, Community Concerts is preparing its 2026–2027 anniversary season, celebrating six decades of bringing world-class classical musicians to the Village, featuring six performances by internationally celebrated artists and ensembles.

The movement adopted the slogan “A Carnegie Hall in Every Town,” reflecting its goal of bringing high-quality music to communities that might otherwise never experience

such performances locally.

The idea proved enormously successful. Over time, the Community Concerts network grew into one of the largest and most enduring performing-artist systems ever created, eventually expanding beyond the United States to Canada, Mexico, the Caribbean and South Africa. The concept reached the growing retirement community that would become Laguna Woods Village.

A CULTURAL CORNERSTONE OF VILLAGE LIFE

The Laguna Woods chapter of

Community Concerts was founded on May 31, 1965, thanks to the vision and dedication of resident Syd Hall, who believed that his community deserved access to world-class musical performances. Hall worked with Columbia Artists in New York—



one of the leading classical artist management agencies of the time—to book the association’s first concert. The inaugural performance featured the distinguished American pianist, Leonard Pennario.

About 50 residents attended that first performance, but as word spread throughout the community, membership expanded rapidly, eventually reaching 900 subscribers, with a waiting list for series memberships. Hall’s leadership helped establish Community Concerts as a cultural cornerstone of Village life, and residents re-elected him president of the organization for 23 consecutive years. In 1988 he passed leadership to Jessie and Frank Dolezal, ensuring the continuation of the musical tradition he had launched.

THE PHILOSOPHY BEHIND THE MOVEMENT

In later years the national Community Concerts organization dissolved, leaving local associations to operate independently. Laguna Woods Village successfully carried the tradition forward. Today, Community Concerts of Laguna Woods Village is a fully independent organization with its board of directors responsible for identifying artists, negotiating contracts and planning each season while maintaining the high standards audiences have come to expect.



**Viano
Quartet**



**Dorian
Wind Quintet**

The organization continues to follow the philosophy that guided the original movement: Members purchase the full concert series

rather than individual tickets, ensuring a guaranteed audience before artists are booked. For decades, residents have



2026-2027 COMMUNITY CONCERTS SEASON

The 2026–2027 anniversary season offers an impressive lineup of internationally acclaimed performers.

October 25, 2026 – Violinist James Ehnes: The renowned Canadian violinist opens the series. Admired for both technical brilliance and musical insight, Ehnes appears regularly in major concert halls throughout the world and has built a reputation as one of the leading violinists of his generation.

November 22, 2026 – Dorian Wind Quintet: Founded in 1961 and widely considered one of the finest wind ensembles in the world, the group has played a major role in expanding the wind quintet repertoire and remains one of the most respected chamber ensembles performing today.

January 31, 2027 – Viano Quartet: The award-winning ensemble that performed in Laguna Woods in October 2024 and since received the prestigious Avery Fisher Career Grant will return to the Village by popular demand.

February 21, 2027 – Cellist Amit Peled and Pianist Alon Goldstein: The distinguished duo and frequent collaborators are widely praised for performances that combine virtuosic brilliance with deep musical expressiveness. Peled will make his third appearance to the Village, while Goldstein will return for his second visit.

March 21, 2027 – Pianist Jon Kimura Parker: Affectionately known to audiences as “Jackie,” Parker’s previous Laguna Woods appearance in 2023 drew enthusiastic reviews for its



String Octet
Camerata
Nordica

imaginative blend of classical repertoire and jazz influences.

April 25, 2027 – String Octet Camerata Nordica: The anniversary season concludes with a Swedish string octet performing Mendelssohn’s Octet, widely regarded as one of the greatest masterpieces in the chamber music repertoire and a fittingly grand finale for the celebratory season.

September 27, 2027 (on sale July 27) – Pianist Anton Nel: In addition to the six-concert subscription series, a special seventh performance by pianist Anton Nel will celebrate the 60th Anniversary of Community Concerts and honor past Chairperson Evette Glauber. Unlike the regular subscription concerts, individual tickets will go on sale at the PAC booking office on July 27, giving residents another opportunity to enjoy an evening of classical music while celebrating an important milestone in the Village’s cultural life.

For information, visit comconcertslwv.com.



gathered at the Performing Arts Center on Sunday afternoons to hear internationally respected musicians who often appear in the world's great concert halls, but who can also be heard here in the welcoming setting of their own community.

Community Concerts has remained remarkably affordable. In 1991, a full series of six concerts cost \$35. More than three decades later, the entire season still costs only \$80, making it one of the best cultural bargains in the region. Community Concerts operates entirely through member support. Membership dues and contributions cover the cost of presenting the performances. There are no single tickets

for the regular series and no outside sponsorships. The concerts remain sustained by the enthusiasm and commitment of Village residents.

THE TRADITION CONTINUES

Like many organizations dedicated to the arts, Community Concerts has experienced challenges over the years. Membership had declined briefly before the organization's golden anniversary in 2015, but dedicated supporters—including longtime friends Joan Nugent and Jeanne Michaels—helped spark a resurgence that once again filled the Performing Arts Center. More recently, the COVID pandemic disrupted live performances worldwide and

affected membership levels in Laguna Woods. The organization is now working actively to rebuild its audience, and the upcoming anniversary season is expected to play an important role in that effort.

Over six decades, Community Concerts of Laguna Woods Village has presented hundreds of performances by internationally renowned artists, bringing extraordinary music directly to the community. For many residents, these concerts are more than performances—they are cherished gatherings where neighbors share the joy of world-class music together.

Sixty years after Syd Hall's first modest concert, the tradition continues to thrive.

Pianist Anton Nel



Pianist Jon Kimura Parker





Laguna Woodstock Returns with Peace, Love and A WHOLE LOT OF ROCK

Tie-dye encouraged. Dancing expected.
Acting your age ... optional.

Submitted by Paula Sachs for Boomers Club

Flower crowns, tie-dye and dancing like nobody's watching (but everyone is)—Laguna Woodstock is back. On Saturday, June 27, the Clubhouse 2 lawn transforms into a celebration of peace, love and rock 'n' roll. Inspired by the legendary summer of '69, this Boomer favorite delivers great music, good vibes and a full day of feel-good fun.

THE HISTORY

It started in 2008 with a small notice in the Globe. More than 100 Boomers showed up and overflowed a room built for 50. The Baby Boomers Club was born—and quickly proved one thing: This wasn't going to be your parents' retirement.

Naturally, the next idea was simple: Recreate Woodstock. Yes, that Woodstock.

ON STAGE

- **1969 The Tribute**—Woodstock nostalgia at its best
- **AbSOULute**—An 11-piece band with horns, soul and irresistible grooves
- **Family Style**—Funky riffs that make you snap and sway
- **SouthBound and Company**—Classic rock favorites from Lynyrd Skynyrd to Buddy Holly
- **The Smokin '60s**—From '60s rock to Motown, complete with go-go dancers

INFO AND TICKETS

- Wristbands: \$25 through June 14; \$30 after
- Online sales have begun; in-person sales begin Thursday, May 14
- Shuttle service throughout the Village
- Stay in the loop:
boomersclub.org,
info@boomersclub.org,
949-415-8030

By 2009, Laguna Woodstock made its debut—tie-dye everywhere, music turned up and no interest in “taking it easy.” One unforgettable moment? A gentleman in a wildly bright shirt, walker in motion, heading straight for the stage like a rock star on a mission.

Because here's the truth: Boomers don't sit on the sidelines. They show up, turn it up and dance anyway.

FESTIVAL FUN AND VIBES

Retro-inspired vendors, handcrafted finds and festival bites invite you to eat, dance and repeat. Thanks to SCAN and Optum for helping bring the music and memories to life, stop by to cool off with a refreshing mist and keep grooving in style. Whether you're here for the music, the memories or the people-watching, Laguna Woodstock promises a day of rhythm, color and community spirit.



Golf Tournament and Hawaiian-Themed Dinner



The event is open to all residents and benefits the Foundation of Laguna Woods Village.

The Laguna Woods Men's Golf Club invites residents and their guests to its 2026 Annual Memorial Golf Tournament and Dinner benefitting the Foundation of Laguna Woods Village Saturday, May 16, at Clubhouse 2 and the golf course.

The event features a scramble-format tournament, live and silent auctions and raffle prizes. Attendees are encouraged to wear Aloha attire for a Hawaiian-themed dinner. Participation in the golf tournament is not required.

Register by Thursday, May 14, at lwmgc.org, or contact Arthur Hirsch at [949-929-5444](tel:949-929-5444) or artysmarty2@gmail.com.

POETRY AND JAZZ CELEBRATION

The Publishing Club celebrated its annual poetry and jazz event on April 30 in Clubhouse 7, featuring award-winning Village poets and jazz pianist Shelly Davis.

The club's mission is to provide writers of all genres with tools, resources and support to write, publish and market their work. For more information and a list of upcoming events, visit pubclublw.com.



Empowering Women Without Limits

Springboks hosts clothing and accessories exchange with purpose.

The Springboks Club invites Village women to bring at least 10 gently used clothing items, handbags, jewelry, scarves or accessories to 19 Restaurant & Lounge on Sunday, May 17, at 7 p.m. for an Empowering Women Without Limits exchange.

Participants can swap items for something new to them while enjoying a relaxed evening with others in the community. It's an opportunity to refresh a wardrobe, reduce waste and connect.

In place of an entry fee, participants are asked to bring:

- A new, unwrapped raffle gift or \$5 for prize drawings
- A practical donation item, such as diapers, wipes, paper products or household supplies, to be distributed to local shelters supporting women and children

To make a reservation, email springbokslwv@gmail.com or visit springboks-online.com.



LWAA 2026 WINNING ARTWORK

The Laguna Woods Art Association 2026 exhibition, on display along the first- and third-floor hallways of the Laguna Woods Village Community Center, marks the association's 60th anniversary and 10th year exhibiting in the facility. Seventy-seven artists, including 12 who also exhibited in 2016, contributed 144 accepted paintings.

This year's exhibition featured three distinct forms of recognition: juried awards selected by a panel of professional artists and educators, a resident popular vote determined by community members and a staff pick selected by Village Management Services staff. If you haven't yet had an opportunity to view the exhibit, visit the Community Center and experience the work firsthand.

THE JUDGES

- **Pat Sparkuhl**—Professional artist, lifetime member of the Festival of Arts in Laguna Beach and art curator
- **Christian Olid-Ramirez**—Professional artist; instructor at Irvine Valley College, Laguna College of Art and Design and UC San Diego; former judge for the Orange County Fair art exhibits
- **Cynthia Sitton**—Professional artist and instructor at Laguna College of Art and Design

BEST IN SHOW: GARDEN OF EDEN 1, ROSE KONG

Pat Sparkuhl: "Terrific execution of design, patterning, and depth of focus on the flowers from a soft application of media into highly detailed petals. Attention to detail is again illustrated with the implied textures on tree and figures."

FIRST PLACE: SANDBARS, JAN BEAUJON COUCH

Cynthia Sitton: "Jan's pastel evokes mystery and captures a moment in time, maybe a memory or a dream. I am reminded of fleeting moments of awe. The use of pastel gives rich color and soft texture."

SECOND PLACE: PIAZZA ITALIA, AGNES COPELAND

Pat Sparkuhl: "A fun and fanciful image created from layering, stenciling, and other collaged materials, combined with paint to

create a colorful environment, full of movement and action."

THIRD PLACE: UNTITLED, ANNE HAKALA

Pat Sparkuhl: "A beautifully organized composition that presents a measure of symbolism mixed with organic tones, textures and markings, resulting in an intriguing, primitive-looking image."

HONORABLE MENTION: WINDSWEPT, SUHA NOURSI

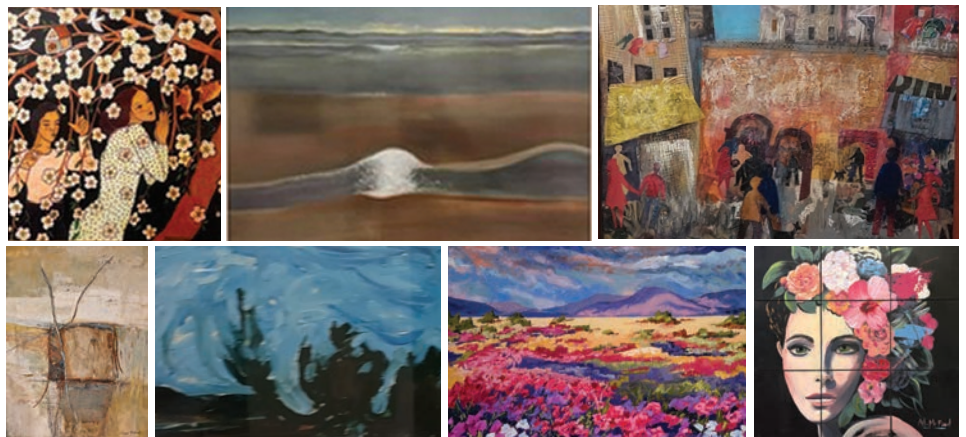
Cynthia Sitton: "Suha's oil painting captures the feeling of wind. The brushstrokes carry the eye through the atmosphere and around the bending trees."

POPULAR VOTE: DESERT MAJESTY, BERNICE GROSS

During a one-month period, hundreds of Village residents voted for their favorite artwork, selecting this 60-by-40-inch oil on canvas as the community's top choice.

STAFF PICK: DRAGON FLY QUEEN, MARIBETH MCFAUL

VMS staff chose an acrylic polyptych on a nine-panel canvas.





EARTH DAY 2026

Celebration connects local action with global impact.



The Laguna Woods Village Concerned Citizens sponsored the Village's 2026 Earth Day celebration Thursday, April 16, from 2 to 4 p.m. in Clubhouse 1. Earth Day, observed every year on April 22 since its inception in 1970, reminds us that our planet needs everyone to do their part to foster sustainability.

CONNECTING GLOBALLY

To re-inspire local action through a refreshed connection with the United Nations Sustainable Development Goals that focus on climate and the environment, the 2026 "think globally, act locally" theme emphasized how local action makes a difference to make the world more sustainable.

Discussion moderator and speakers included:

- Dave Rice, president, United Nations Association, Orange County Chapter
- Patty Oh, executive director, Cool OC
- Tara Tisopulos, deputy director of environmental sustainability, OC Waste & Recycling

EVERYDAY ACTIONS

The five Rs to promote environmental sustainability are refuse, reduce, reuse, recycle and rot.



Photo by Mark Rabinowitch



Photo by Mark Rabinowitch

- **Refuse** purchasing single-use plastics and items you don't need.
- **Reduce** waste wherever possible by choosing items with less packaging and lowering energy consumption.
- **Reuse** items instead of disposing them after a single use.
- **Recycle** paper, plastic, metal and glass.
- **Rot** organic materials by composting them into nutrient-rich soil or separating them for green waste bins (see bit.ly/4vmE1GC).

Club members and residents asked questions and interacted with speakers and exhibitors following the presentations.



STAY in TOUCH

Use these frequently called numbers to seek assistance, find answers and more.

The Laguna Woods Village Community Center

24351 El Toro Road
Laguna Woods, CA 92637

lagunawoodsvillage.com

949-597-4600

EMAILS PROVIDED WHERE AVAILABLE

ADMINISTRATIVE OFFICES

General Information 949-597-4600
information@lagunawoodsvillage.com
info@vmsinc.org

AMENITIES AND RECREATION

General Information 949-597-4273
recreation@vmsinc.org
19 Restaurant and Lounge 949-206-1525
Clubhouse 1 Office/Pool 1 949-597-4281
Clubhouse 1 Fitness Center 949-597-4284
Clubhouse 2 Office/Pool 2 949-597-4286
Clubhouse 4 Office/Pool 4 (Mon - Fri) 949-597-4291
Clubhouse 4 Office/Pool 4 (Sat & Sun) 949-597-4344
Clubhouse 5 Office/Pool 5 949-597-4382
Clubhouse 6 Office/Pool 6 949-597-4437
Clubhouse 7 Office 949-268-2417
Clubhouse Reservations 949-597-4227
Community Fitness Center 949-268-2275
Equestrian Center 949-597-4275
Golf and Village Greens 949-597-4336
Golf (Par 3 Course) 949-597-4334
Performing Arts Center 949-597-4289
Performing Arts Center Box Office 949-597-4288
Village Library 949-597-4274
lvillagelibrary@yahoo.com
Village Television 949-597-4295

COMMUNITY ACCESS

Community Access 949-597-4600
Gate Clearance 949-597-4301

EMERGENCY AND MEDICAL SERVICES

Fire, Police, Medical Emergency 911
Care Ambulance Service 877-972-0999
MemorialCare Saddleback Hospital 949-837-4500
OC Fire Authority Public Information Line 800-545-5585
OC Sheriff's Nonemergency Dispatch 949-770-6011

Animal Services, City of Laguna Beach 949-497-0701
City of Laguna Woods 949-639-0500
Florence Sylvester Senior Center 949-380-0155
Foundation of Laguna Woods Village 949-268-2246
Laguna Woods Globe (subscriptions) 714-796-7777
lagunawoodsglobe@scng.com
Laguna Woods History Center 949-206-0150
info@lagunawoodshistory.org
Lost and Found 949-597-4435
lostandfound@vmsinc.org
RV Storage 949-268-2284
Saddleback College Emeritus Institute 949-582-4835
The Towers 949-424-3315
lagunawoodstowers.com

RESIDENT SERVICES

Manor Alterations 949-597-4616
alterations@vmsinc.org
Resident Services 949-597-4600
residentservices@vmsinc.org
Social Services 949-597-4267

SECURITY

Compliance Hotline (anonymous) 949-268-2255
Department of Security Services (24/7) 949-580-1400
Disaster Preparedness Task Force 949-597-4237

TRANSPORTATION

Village Bus System 949-597-4659

UTILITIES

Broadband (Cable) 949-837-2670
CR&R Inc. (Trash) 949-625-6735
LagunaWoods-Recycles@CRRmail.com
El Toro Water District 949-837-0660
Southern California Gas Company 877-238-0092
Southern California Edison 800-655-4555
West Coast Internet Customer Service 949-487-3302



It's Not Just About THE ABSENCE OF ILLNESS



Mental Health Awareness Month reminds us to prioritize our well-being.

By Social Services Manager Lourdes Oseguera

Each May, Mental Health Awareness Month invites us to pause and reflect on an essential part of our overall well-being: our mental and emotional health. According to the National Council on Aging, up to 25% of adults 65 and older are living with a mental health condition such as depression or anxiety.

WHAT IS MENTAL HEALTH?

Mental health isn't just about the absence of illness, but about feeling connected, maintaining purpose and having the tools to navigate life changes. Older adulthood can bring the joys of retirement, more time for hobbies and deeper relationships. It can also bring health challenges, loss of loved ones or changes in independence. Anxiety, depression and loneliness are common, understandable experiences that can be treated.

STAY CONNECTED

Social connection is one of the most powerful protectors of mental health. Whether it's joining a community group, attending a class, calling a friend or volunteering, staying connected helps strengthen emotional resilience. Even small interactions like a chat with a neighbor can brighten the day and boost well-being.

NURTURE CURIOSITY AND CREATIVITY

Healthy routines support emotional balance. Socialization, exercise, nutritious meals and regular sleep all play a role. So does doing things

that bring joy like reading, gardening, music or learning something new. Mental health thrives when we nurture our curiosity and creativity.

SUPPORT IS AVAILABLE

If you or someone you know is struggling with lasting feelings of sadness, hopelessness and anxiety, talking with a trusted friend, family member or healthcare professional can make a meaningful difference. Support is available, and no one has to navigate difficult emotions alone. Mental Health Awareness Month is a reminder that caring for ourselves is essential.

RESOURCES

- **988 Suicide & Crisis Lifeline** is free, confidential and available 24/7. Call or text **988**, or chat at **988lifeline.org**.
- **Crisis Text Line** serves anyone facing mental health challenges, providing access to free, 24/7, confidential support. Text **741741**.
- **National Alliance on Mental Illness (NAMI Warmline)** is a free and confidential telephone service providing emotional support and resources to Orange County residents, available 12 p.m. to 12 a.m., seven days a week. Call **714-991-6412**.
- **Social Services** offers short-term therapy services to address depression, anxiety and caregiver stress. Call **949-597-4267**.

AVOID SCAMS AND FRAUD

Protect your money,
home and identity.



View the Social Services/Manor Alterations presentation referenced here at bit.ly/47R2SYH.

MANOR RENOVATIONS TOWN HALL

Join Manor Alterations for a manor renovations town hall on Friday, June 19, from 9 a.m. to noon in Clubhouse 5 at 24262 Punta Alta.

The Manor Alterations Division and the City of Laguna Woods Planning and Environmental Services Department are cohosting this informative event to bring contractors, real-estate agents and members up to date with all the significant changes to the home remodel process.

The VMS team and the city staff will answer questions and provide follow-up information at the end of the presentation.

Members may email manoralterationsfeedback@vmsinc.org to suggest topics to cover or share feedback on the town hall.

For more information, call Josh Monroy at **949-597-4366** or download the flyer at bit.ly/30xZn37.

The Social Services and Manor Alterations divisions partnered to host an informative and timely presentation to help residents protect themselves against increasingly sophisticated fraud schemes.

Experts from three California state agencies shared practical tools and prevention strategies.

The three-part presentation focused on some of the most common scams affecting older adults, including financial fraud, contractor and home improvement scams, and data privacy risks.

Residents learned that fraud prevention comes down to three essential actions:



STATE RESOURCES

- California Department of Financial Protection and Innovation (DFPI):
dfpi.ca.gov
- California Contractors State License Board (CSLB):
cslb.ca.gov
- California Privacy Protection Agency (CPPA):
cppa.ca.gov,
privacy.ca.gov

AN INTRODUCTION TO MANOR ALTERATIONS

Thinking about remodeling? The Manor Alterations Division is introducing a new series of short, easy-to-follow videos that address frequently asked questions, including where to begin and what may be required for your project.

The series provides convenient, on-demand access to clear, practical information, allowing you to learn at your own pace and revisit topics as needed.

View the first video in the series at bit.ly/4tJ3hoR, or visit the Manor Alterations page at lagunawoodsvillage.com/services/manor-alterations to learn more.

Staying cautious, informed and proactive significantly reduces the risk of becoming a fraud victim.

- **Pause and verify before acting.** Scammers often create a sense of urgency to pressure quick decisions. Taking time to confirm information can prevent costly mistakes.
- **Never send money or share personal information with unverified individuals.** Legitimate agencies and financial institutions will not demand immediate payment or sensitive details without proper verification.
- **Use available legal protections and privacy tools.** California offers consumer protections and resources to help safeguard residents' rights and personal information. See "State Resources" on this page.

The overarching message was clear: Staying cautious, informed and proactive significantly reduces the risk of becoming a victim.



YOUR GUIDE TO EVENTS, FITNESS AND FUN

CLUB EXPO 2026

Take part in the exciting Club Expo at Clubhouse 5 Monday, May 18, 10 a.m. to 1 p.m. Discover the many clubs that make our community so unique, meet friendly club members, and learn about upcoming activities and events. Whether you're looking to try something new or get more involved, this is the perfect opportunity to join a club and connect with others.

Snacks will be provided while supplies last.

For more information, call **949-597-4382** or email recreation@vmsinc.org.



RECREATION OFFICE COMMUNITY CENTER

24351 El Toro Road

949-597-4273

recreation@vmsinc.org

Visit lagunawoodsvillage.com > **Amenities** for activities, classes, fitness and sports, golf, facilities, clubs and more. For registration, visit the Recreation office or the facility where the class/event is held.

SpinTown Takes the Stage at Clubhouse 1

On Thursday, June 4, from 6 to 8 p.m., on the Clubhouse 1 back patio, SpinTown hits the stage with high energy to deliver a dynamic performance with a versatile setlist spanning multiple genres. Known for polished musicianship and professionalism, SpinTown will create an engaging atmosphere for dancing, relaxing or enjoying live music.

Hot dogs, hamburgers, roasted chicken, potato salad, baked beans and bread rolls will be available for sale while supplies last.

Purchase \$20 tickets at Clubhouse 1, 8 a.m. to 5 p.m., Monday through Friday. Credit card/check only. Credit/debit card fees apply. For more information, call **949-597-4281** or email recreation@vmsinc.org.





SPLASH DAYS OF SUMMER

On Friday, July 17, and Friday, August 7, at Clubhouse 2 enjoy fun-filled days with the grandkids. Tickets are \$5 and go on sale one month prior to the event. Limited tickets available. Events sell out quickly. Credit card/check only. Credit/debit card fees apply. For more information, call **949-597-4382** or **949-597-4285**, or email **recreation@vmsinc.org**.



Art Affair

Don't miss the exciting annual Art Affair Saturday, June 6, from 11 a.m. to 3 p.m. in Clubhouse 2, where Village artists will showcase their original creations available for purchase. Enjoy live music as you browse. Admission is free.

Resident artists can purchase a booth space for \$25 at the Clubhouse 2 office. Spaces are assigned on a first-come, first-served basis and sell out quickly.

VISIT THE VILLAGE BAZAAR

Find wares and second-hand items at the Village Bazaar on Saturday, May 30, 10 a.m. to 2 p.m. at Clubhouse 5 main lounge. For more information, call **949-597-4382** or email **recreation@vmsinc.org**.





LATE NITE CATECHISM

Laugh your sins off with Late Nite Catechism, a hilarious, interactive show where the quick-witted “Sister” turns audiences into her catechism class, blending nostalgia, discipline and laugh-out-loud humor in a fun and memorable trip back to traditional Catholic school days.

Tickets are \$20, \$25 or \$30 at the box office or online at tickets.lagunawoodsvillage.com. Credit card/check only; card fees apply. The no-host GRF bar will be on site. For more information, call **949-597-4289** or email recreation@vmsinc.org.

RECREATION



FREE MONDAY MOVIES AT THE PAC

Don't miss these upcoming Monday Movies at the Performing Arts Center:

- **Wicked** – June 15
- **Wicked: For Good** – June 22
- **Song Sung Blue** – July 20
- **The Choral** – July 27

Admission is free and no ticket is needed. Doors open at 1:30 and 6:30 p.m. for showings at 2 and 7 p.m.

For more information, call **949-597-4289** or email recreation@vmsinc.org.



RECREATION AND SPECIAL EVENTS FREQUENTLY CALLED NUMBERS

RECREATION OFFICE **949-597-4273**

BRIDGE ROOM **949-268-2420**

CLUBHOUSES

- Clubhouse Reservations **949-597-4227**
- Clubhouse 1/Pool 1 **949-597-4281**
- Clubhouse 2/Pool 2 **949-597-4285**
- Clubhouse 3/Performing Arts Center
949-597-4289
- Performing Arts Center Box Office
949-597-4288
- Clubhouse 4/Pool 4 **949-597-4344**
- Clubhouse 5/Pool 5 **949-597-4382**
- Clubhouse 6/Pool 6 **949-597-4437**
- Clubhouse 7 **949-268-2417**

EQUESTRIAN CENTER **949-597-4275**

FITNESS CENTERS

- Clubhouse 1 Fitness Center **949-597-4284**
- Clubhouse 5 Fitness Center **949-597-4382**
- Community Fitness Center **949-268-2275**

GARDEN CENTERS **949-268-2387**

GOLF

- Golf and Village Greens **949-597-4336**
- 19 Restaurant and Lounge **949-206-1525**
- Par 3 Course **949-597-4334**

HISTORY CENTER **949-206-0150**

LAWN BOWLING **949-951-3027**

LIBRARY **949-597-4274**

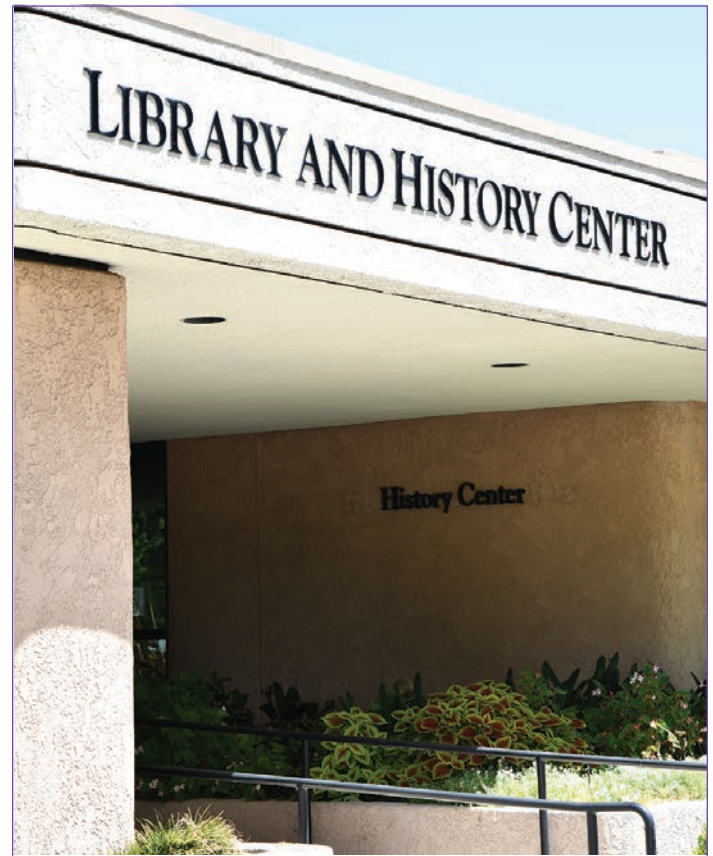
PC WORKSHOP **949-268-2262**

MAC LEARNING CENTER **949-268-2263**

SADDLEBACK EMERITUS **949-582-4835**

TENNIS CENTER **949-268-2481**

VIDEO LEARNING CENTER **949-470-0965**



LIBRARY AND HISTORY CENTER

The Library and History Center are located adjacent to each other at 24266 Calle Aragon.

Library Hours

Monday through Friday: 10 a.m. to 4 p.m.

Saturday: 10 a.m. to 1 p.m.

Sunday: Closed

949-597-4274; lwvillagelibrary@yahoo.com

History Center Hours

Monday through Friday: 11 a.m. to 1 p.m.

or by appointment

**949-206-0150; info@lagunawoodshistory.org;
lagunawoodshistory.org**



GET MOVING

Visit lagunawoodsvillage.com > **Amenities** > **View All Amenities** to learn more about the Village's resort-style amenities.

- View a list of amenities, location, contact information, registration process and more.
- Consider taking one or more of the almost 20 classes currently offered, including mat/chair yoga, ballroom dance, English or Spanish language classes, cycling, aquatic classes and more.
- Check out the schedule of current recreation classes at bit.ly/3YmE59C.



CLUB LOVE

In addition to the many amenities and activities offered through the Recreation and Special Events Department, more than 200 clubs, special interest groups and organizations offer residents a wealth of fun and entertainment. With so many clubs to choose from, there's sure to be like-minded new friends to make.

Visit lagunawoodsvillage.com > **Amenities** > **Village Clubs** to browse clubs, including arts and crafts, cultural, dance, games, health and wellness, performing arts, political, religious and spiritual, science and tech, sports and fitness, support groups and more.



PERSONAL TRAINERS WORK WITH YOU

Get in a good workout led by a personal trainer at the Community Fitness Center or Clubhouse 1 Fitness Center. Five 30-minute sessions cost \$200; 10 30-minute sessions cost \$400. Call the Community Fitness Center at **949-268-2275** or Clubhouse 1 Fitness Center at **949-597-4284** for more information.



EQUESTRIAN CENTER

Our charming and unique equestrian facility offers boarding for resident-owned/lesson horses and a riding program for residents and their sponsored guests. In addition, riders and non-riders alike enjoy various events at our facility, including summer barbecues, the Taste of Country, Easter at the Equestrian Center and horse shows.

LOCATION

24312 El Toro Road
Laguna Woods, CA 92637
949-597-4275

HOURS

Business hours: Wednesday through Sunday from 9 a.m. to 3 p.m.

Tour hours: Wednesday and Thursday at 2 p.m.; Friday, Saturday and Sunday at 12:30 and 2 p.m.

Riding program: Wednesday through Sunday; contact the Equestrian Center office for lesson schedules.

Tours and riding program are closed Monday and Tuesday.

HORSEMANSHIP CLASSES

Horsemanship classes at the Equestrian Center are all about developing the horse-man relationship. Horsemanship is a journey rather than a destination.

In these group classes, staff combines lectures,

handouts, herd observation and hands-on education in the care of and communication with horses. It's a great opportunity for those who would like to someday own a horse or for those who just want to learn how to work with horses.

Six-session drop-in classes are offered Sunday at 12:30 p.m.

Those who graduate Level 1 are invited to join Level 2. Call or drop by the Equestrian Center for more information.

SPONSOR A GRF HORSE

The Equestrian Center is one of the happiest places in the Village—thanks to its many wonderful horses. Let's work together to keep that joy alive—please consider sponsoring a GRF horse!

Sponsorship Benefits

- You and your sponsored horse will be thanked in the equestrian newsletter.
- A special sign on the horse's stall door sporting the horse's and sponsor's names: "Sebastian is generously sponsored by Jane Smith."
- Receive an 8-by-10-inch color photo of your sponsored horse.
- Visit your special horse once a month to pet and take pictures during business hours.

Sponsorship Rules

- Handling, grooming or riding are not permitted.
- Giving food or treats may not be given without staff approval.
- Horses must remain in their stalls/paddocks.
- Staff must supervise visits.

Sponsorship Rates Per Horse

- \$650 monthly
- \$3,500 six months
- \$6,500 yearly

Sponsorship includes a percentage of the total board, feed and farrier costs for the care and maintenance of a GRF horse.

We truly are grateful for the generosity of those who sponsor our GRF horses. Please contact the equestrian supervisor for details on sponsorship.

Call **949-597-4275** for more information.



ONGOING CLASSES

Schedules subject to change without notice.

MONDAY

Chi Kung

Clubhouse 1 patio, 8 to 9:30 a.m.
Free drop-in class

Laughter Yoga with Cheryl Russell

Clubhouse 6 ballroom, 9:15 to 10:15 a.m.
Free drop-in class

Zumba Gold with Tracy Murray

Clubhouse 2 ballroom, 10 to 11 a.m.
\$25 for five classes

Ballroom Dance with Candi Davis

Clubhouse 1 ballroom, 11 a.m. to noon.
\$35 for five group lessons

Belly Dance with Tahia

Performing Arts Center rehearsal room,
11:15 a.m. beginners, 12:15 p.m. intermediate
\$35 for five group lessons

Mat Yoga with Jerry Bloch

Clubhouse 2 ballroom, 11:30 a.m. to 12:30 p.m.
Free drop-in class

Polynesian and Hula Dance with Laura DeGuire

Clubhouse 5 fitness room, 1 to 2:30 p.m.
Free drop-in class

Chair Yoga with PoChan

Clubhouse 2 ballroom, 1:15 to 2:15 p.m.
Free drop-in class

Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 4:30 to 5:30 p.m.
\$40 per eight-class session

Lengthen and Strengthen with Sheryl Leicher

Clubhouse 5 fitness room, 6:30 to 7:45 p.m.
Free drop-in class

TUESDAY

Yoga with Kim Min

Clubhouse 1 ballroom 8:30 to 9:45 a.m.
Free drop-in class

Tai Chi

Clubhouse 7 ballroom, 8:30 to 9:30 a.m.
Free drop-in class

Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 8:30 to 9:30 a.m.
and 10 to 11 a.m.
\$40 per eight-class session





Clogging with Kathy Wu

Performing Arts Center rehearsal room,
9 to 10 a.m.
Free drop-in class

Chair Strength and Balance with Janet Gilliam

Clubhouse 1 gym, 9:50 to 10:50 a.m.
\$15 for five classes

Swim Clinic with Jan Levinrad

Pool 2, noon to 1 p.m. and 1 to 2 p.m.
Free drop-in class

Self-Defense with Sensei Ron Murray

Clubhouse 5 fitness room, 2 to 3 p.m.
\$25 for five classes

IKTA Kickboxing and Karate with Sensei Ron

Clubhouse 5 fitness room, 3:30 to 4:30 p.m.
\$25 for five classes

Drum Circle

Performing Arts Center, 5:15 to 6:45 p.m.
Free drop-in class

WEDNESDAY

Chi Kung

Clubhouse 1 patio, 8 to 9 a.m.
Free drop-in class

Zumba Gold with Tracy Murray

Clubhouse 5 ballroom, 9 to 10 a.m.
\$25 for five classes

Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 9 to 10 a.m.
\$40 per eight-class session

Mindful Movement Yoga with Jerry Bloch

Performing Arts Center dining room, noon to 1 p.m.
Free drop-in class

Russian Language Class with Janet Preissler

Clubhouse 2 Grevillea Room, 3 to 5 p.m.

Free drop-in class

IKTA Kickboxing and Karate with Sensei Ron

Clubhouse 5 fitness room, 3 to 4 p.m.
\$25 for five classes

Vitality in Motion Yoga

Clubhouse 5 fitness room, 5 to 6 p.m.
\$25 for five classes

THURSDAY

Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 7 to 8 a.m.
and 8:30 to 9:30 a.m.
\$40 per eight-class session

Tai Chi and Chi Kung

Clubhouse 1, multipurpose room, 8 to 9:20 a.m.
Free drop-in class

Chi Kung

Clubhouse 2 ballroom, 8 to 9 a.m.
Free drop-in class

Tai Chi

Clubhouse 7 ballroom, 8:30 to 10 a.m.
Free drop-in class

Latin Line Dance with Rebeca Gilad

Clubhouse 1 ballroom, 9:30 to 11 a.m.
Free drop-in class

Chair Strength and Balance with Janet Gilliam

Clubhouse 1 gym, 9:50 to 10:50 a.m.
\$15 for five classes

Tap Dance and Rhythms with Laura Fremont

Clubhouse 5 fitness room, 10:30 to 11:20 a.m.
\$25 for five classes

Jazz and Ballet Mix-It-Up with Laura Fremont

Clubhouse 5 fitness room, 11:30 a.m. to 12:20 p.m.
\$25 for five classes



RECREATION

Mat Yoga with Zahir Movius

Clubhouse 2 ballroom, 11:30 a.m. to 12:30 p.m.
Free drop-in class

Polynesian and Hula Dance with Laura DeGuire

Clubhouse 5 fitness room, 1 to 2:30 p.m.
Free drop-in class

Chair Yoga with PoChan

Clubhouse 2 ballroom, 1:15 to 2:15 p.m.
Free drop-in class

Spanish Class with Walter Valencia

Performing Arts Center dining room, 1 to 3 p.m.
Email kevinvalencia@verizon.net to register

Vinyasa Yoga with Suzanne Curtis

Clubhouse 2 ballroom, 3 to 4 p.m.
Free drop-in class

IKTA Kickboxing and Karate with Sensei Ron

Clubhouse 5 fitness room, 3:30 to 4:30 p.m.
\$25 for five classes

Meridian Yoga

Performing Arts Center dining room 2,
5:30 to 6:45 p.m.
Free drop-in class

FRIDAY

Cycling with Alisha Sullivan

Clubhouse 5 fitness room, 7 to 8 a.m.
\$40 per eight-class session

Chi Kung

Clubhouse 1 patio, 8 to 9 a.m.
Free drop-in class

Zumba Toning with Tracy Murray

Clubhouse 2 ballroom, 9 to 10 a.m.
\$25 for five classes

Yoga with Kim Min

Clubhouse 7 ballroom, 9:30 to 10:45 a.m.



Free drop-in class

Ballroom Dance with Ed VanOrnum

Clubhouse 1 ballroom, 9:30 to 11:30 a.m.
\$35 for five classes

Israeli Dance with Rebeca Gilad

Clubhouse 2 Sequoia ballroom,
10:30 to 11:30 a.m. beginners,
11:30 a.m. to 12:30 p.m. intermediate
Free drop-in class

Yoga with Zahir Movius

Clubhouse 5 fitness room, 1 to 2:15 p.m.
Free drop-in class

Circle of Love Meditation with Zahir Movius

Clubhouse 5 fitness room, 2:30 to 4 p.m.
Free drop-in class

Lengthen and Strengthen with Sheryl Leicher

Clubhouse 5 fitness room, 4:15 to 5:30 p.m.
Free drop-in class

SATURDAY

Tai Chi and Chi Kung

Clubhouse 1 multipurpose room, 8 to 9:30 a.m.
Free drop-in class

Line Dance

Clubhouse 5 fitness room, 2 to 3 p.m.
Free drop-in class

Disco Dance

Clubhouse 5 fitness room, 3 to 4 p.m.
Free drop-in class



AMENITY INFO

Schedules subject to change without notice.

Clubhouse Reservations | 949-597-4227

Schedule reservations for Clubhouses 1, 2, 5, 6 or 7; the Village Greens; the Performing Arts Center; or the Community Center at the recreation office, Monday through Friday, 8 a.m. to 5 p.m.

- Reservations may be scheduled through December 31, 2026.

Clubhouse 1 | 949-597-4281

- Open daily 8 a.m. to 10 p.m.
- Fitness center open Monday, Wednesday, Friday 7 a.m. to 7 p.m., Tuesday, Thursday 7 a.m. to 5 p.m., Saturday, Sunday 8 a.m. to 2 p.m.
- Indoor mini-gym (badminton, pickleball, volleyball, basketball)
- Archery
- Shuffleboard
- Bocce
- Billiards
- Game room
- Drop-in lounge

Clubhouse 2 | 949-597-4285

- Open Monday through Friday 9 a.m. to 5 p.m., with extended hours to accommodate reservations; weekend hours vary based on reservations
- Video lab and studio, card room, lawn bowling

Clubhouse 4 | 949-597-4344

- Open daily from 9 a.m. to 4 p.m., except Tuesday and Thursday which have extended hours until 8 p.m. Closed on all major holidays.
- Contact the clubhouse for specific studio hours. All studios open only when a volunteer supervisor

is present: art studio, ceramics, glass studio, jewelry, lapidary, photo studio, quilting, sewing room, slipcasting, woodshop, machine shop

Clubhouse 5 | 949-597-4382

- Open Monday through Friday 9 a.m. to 5 p.m., with extended hours to accommodate reservations; weekend hours vary based on reservations
- Game room
- Fitness center open daily 5:30 a.m. to 9 p.m.

Clubhouse 6 | 949-597-4437

- Open by reservation only
- Reservations Monday through Friday 8 a.m. to 10 p.m.

Clubhouse 7 | 949-268-2417

- Open Monday through Friday 9 a.m. to 5 p.m., with extended hours to accommodate reservations; weekend hours vary based on reservations
- Bridge games Monday through Friday from 12:30 to 4 p.m.
- Bridge class schedule varies

Community Center | 949-597-4273

- Concierge, Resident Services Monday through Friday from 8 a.m. to 5 p.m.
- Table tennis: Monday through Friday from 8 a.m. to 9 p.m.; Saturday, Sunday from noon to 5 p.m.
- Mac learning center: Monday through Friday from 9 a.m. to 3 p.m.; **949-268-2263**
- PC workshop: Monday through Friday from 10 a.m. to 4 p.m.; **949-268-2262**
- Community fitness center Monday through Friday from 7 a.m. to 7 p.m.; Saturday and Sunday from 8 a.m. to 2 p.m.

Equestrian Center | 949-597-4275

- Business hours Wednesday through Sunday 9 a.m. to 3 p.m.
- Tours Wednesday and Thursday 2 p.m.; Friday through Sunday 12:30 and 2 p.m.
- Call to inquire about riding program.



Garden Centers | 949-268-2387

- Daily sunrise to sunset
- Call **949-268-2387** to schedule a tour.
- Website: **bit.ly/4eIz83E**

Golf | 949-597-4336

- 27-hole course open daily 7 a.m. to 6 p.m.
 - Online reservations only; see pro shop to create account.
- Driving range open 7 a.m. to 3:30 p.m.
- Par 3 course open 7:30 a.m. to 5:30 p.m.
- Call the course condition hotline at **949-597-4373** for course updates.

History Center | 949-206-0150

- Open Monday through Friday from 11 a.m. to 1 p.m. or by appointment

Lawn Bowling | 949-951-3027

- Open daily 7 a.m. to 7 p.m.
- Morning social games Tuesday, Wednesday, Thursday and Saturday at 10 a.m. (October-June) and 9 a.m. (July-September)
- Afternoon social games Tuesday, Wednesday and Thursday at noon
- Evening social games Sunday, Monday and Wednesday at 3 p.m. (November-February), 4 p.m. (March-May and October) and 5 p.m. (June-September)
- Competitive game Friday at 9 a.m.
- Free lessons for residents and their guests Tuesdays at 3:30 p.m. (September-March), 5:30 p.m. (April-August) and Saturdays at 8:45 a.m. or by appointment
- Website: **lwlbc.org**

Library | 949-597-4274

- Open Monday through Friday from 10 a.m. to 4 p.m., Saturday from 10 a.m. to 1 p.m.

Paddle Tennis | 949-597-4273

- Daily 7 a.m. to 10 p.m.
- Tuesday, Thursday priority 7 a.m. to noon
- First, third Saturday priority 7 a.m. to noon

Performing Arts Center | 949-597-4289

- Open daily from 9 a.m. to 5 p.m., with extended hours to accommodate reservations
- Box office open Monday through Friday from 9 a.m. to 5 p.m.; **949-597-4288**
- Auditorium open for scheduled shows; dates and times vary
- Schedule reservations for the Performing Arts Center (PAC) auditorium with the PAC supervisor.

Pickleball | 949-597-4273

- Daily 7 a.m. to 10 p.m.
- Monday, Wednesday, Friday mornings priority 7 a.m. to noon; second, fourth Saturday priority 7 a.m. to noon

Pools | 949-597-4273

- Check the most current pool schedule at **bit.ly/4l8PdAX**.

Recreation Coordinated Classes | 949-597-4273

- Class schedule: **bit.ly/4fJhjRa**
- ActiveNet portal: **bit.ly/3eKhxts**
- ActiveNet tutorial video: **bit.ly/2UDQmJF**

Shuffleboard | 216-905-7051

- Open daily 8 a.m. to 10 p.m.
- Club play: Mondays at 9:30 a.m. and 5:30 p.m., Tuesdays at 9:30 a.m. and 3 p.m., Thursdays at 5:30 p.m., Fridays at 1 p.m.
- Website: **bit.ly/4jDyO5Y**

Tennis | 949-268-2481

- Daily 7 a.m. to 10 p.m.
- No reservations required for courts 1 to 7, 7 a.m. to 4:30 p.m.
- Court Reserve reservations required for courts 8 to 10, 7 a.m. to 4:30 p.m.
- Court Reserve reservations required for courts 6 and 7, 4:30 to 9 p.m. (lighted)
- For CourtReserve reservations, visit **bit.ly/4hl3bNS**.

Saddleback Emeritus | 949-582-4835

- Visit **saddleback.edu/emertus** for class schedule.

Garden Villa Association Board of Directors

The Garden Villa Association Board of Directors meets the fourth Thursday of even-numbered months at 4 p.m. General membership meetings are on the second Thursday of odd-numbered months at 10 a.m.

Stuart Hack
President, Region 2 Rep

Ro Kendall
Vice President, Region 3 Rep

Leah Kushman
Secretary, Region 4 Rep

Sheldon Mende
Treasurer, Region 7 Rep

Tom Stacy
Communications Director

Gail Berra
Region 1 Rep

Theresa Keegan
Jim Southworth
Region 6 Co-Reps

Laurie Bereny
Regions 8 & 9 Rep

Joe Camera
Ad Hoc Building Captain



THANK YOU GVA BUILDING CAPTAINS

By President Stuart Hack

More than 30 years ago, the Garden Villa Association (GVA) established a building captain program for three-story buildings, including both LH 21s and Garden Villas. The program was created to support and protect these buildings and their residents. Building captains (BC) are elected by fellow residents and must live in the building they serve.

Originally, BC responsibilities included:

- Identifying maintenance needs and working with Third Mutual to address them
- Welcoming new residents and providing orientation to building and community guidelines
- Looking out for neighbors who may need assistance

Over time, the role has expanded. Today, BCs serve as a key resource for residents, helping to enhance the overall living experience in three-story buildings. They act as liaisons to GVA and the Third Mutual board of directors and assist residents in navigating Resident Services requests.

New BCs receive training to ensure they are well equipped to support their neighbors. They also participate in bi-monthly meetings, where they receive updates on Third Mutual initiatives affecting three-story buildings and hear from Village Management Services staff. These meetings are open to all residents and include opportunities for questions and discussion.

While BCs serve in a volunteer capacity, many find the role deeply rewarding. Their efforts help neighbors navigate systems and policies that can sometimes feel complex, making them an important and valued part of the community. Residents are encouraged to thank their building captain and consider getting involved.

If you live in a three-story building that does not currently have a BC and are interested in supporting your neighbors and community, please consider volunteering.

For more information, contact GVA President Stuart Hack at **949-212-7028** or gvalwv@gmail.com.



Third Board of Directors

The Third Laguna Hills Mutual Board of Directors meets the third Tuesday of each month at 9:30 a.m.

Robert Mutchnick
President
2024-2027

Reza Karimi
First Vice President
2025-2028

Donna Rane-Szostak
Second Vice President
2024-2026

Ruth Johnson
Secretary
2024-2027

Howard Fox
Treasurer
2024-2026

James Hopkins
2025-2026

Peggy Moore
2025-2028

S.K. Park
2025-2028

Steve Parsons
2025-2028

Craig Wayne
2024-2027

Moon G. Yun, M.D.
2023-2026



CALLING ALL GOOD SAMARITANS!

Volunteers are needed for disaster preparation, response and recovery.

By Director Steve Parsons

Have you ever felt helpless to overcome your circumstances and wished someone would come along to help you? The news is filled with stories of people experiencing disasters: tornadoes, snowstorms, floods, fires and earthquakes. What would you do if a fire or earthquake hit Laguna Woods Village? Are you prepared? Do you have a survival kit with water, food, medicine and other supplies to sustain yourself? Have you identified a personal contact or plan to



check in with family, friends or neighbors?

To help residents be better prepared, the GRF Disaster Preparedness Task Force is focusing on developing a resident preparedness, support and recovery plan.

THE PLAN'S TWO PILLARS

Two pillars underlie the disaster preparedness plan:

1. Coordination between Village Management Services staff, the City of Laguna Woods and Orange County emergency

response agencies, including the Orange County Sheriff's Department and Orange County Fire Authority. This coordination is established and continues to be maintained.

2. Resident preparedness, support and recovery. This pillar is currently under development. The presidents of Third Mutual, United Mutual and GRF have identified the need for updated and innovative approaches and have selected representatives from their boards to help guide this effort. Steve Parsons from Third Mutual, Anthony Liberatore from United Mutual and Jeanne Costello from GRF will help lead this initiative.

A NEW WORKING GROUP

To support this effort, a resident working group is being formed to help inform and shape preparedness planning. The group will work collaboratively with the Disaster Preparedness Task Force, VMS Security Services and key staff members to identify opportunities for improvement and to strengthen overall preparedness from a resident perspective.

As of this writing, an initial structure for the working group is being introduced and will continue to evolve as part of the broader planning process. This effort is focused on

We need people who want to help people.

strengthening preparedness, identifying gaps and improving how residents can support one another in a coordinated and appropriate manner.

Volunteers will support preparedness efforts and community readiness. They are not emergency responders, and during an emergency, all residents should follow the direction of first responders and local authorities.

We need people who want to help people. If you are interested in participating in this effort, you are encouraged to attend a Disaster Preparedness Task Force meeting. Meetings are held the last Tuesday of odd months at 9:30 a.m. in the Community Center board room and are posted at lagunawoodsvillage.com > [Calendars](#) > [All Boards & Committees Calendar](#).

Each of us is an important part of our community. By preparing in advance and staying informed, we can all play a role in supporting one another during challenging times. Participation in this effort is focused on planning and preparedness and is intended to support residents in being better equipped during an emergency; it does not guarantee individual assistance.



UNITED LAGUNA WOODS
MUTUAL

United Board of Directors

The United Laguna Woods Mutual
Board of Directors meets the second
Tuesday of each month at 9:30 a.m.

Charles Prater
President
2024-2027

Sue Quam
First Vice President
2023-2026

Anthony Liberatore
Second Vice President
2025-2028

Maggie Blackwell
Secretary
2024-2027

Mourad Akesbi
Treasurer
2025-2027

Elsie Addington
2025-2026

Johnathan Boostani
2025-2027

Kathryn Bravata
2025-2028

Wendy Kirchick
2025-2028

Phyllis Mitchell
2026

Mary Sinclair
2026



NUTS AND BOLTS

United board and Village residents work together to keep costs down and keep us safe.

By First Vice President Sue Ellen Quam

Plumbing issues, water intrusions, property damage and wildlife incidents can be disruptive and costly. Association fees and insurance claims often cover repairs for preventable problems. Simple stoppages cost from \$350 to \$500, while water intrusions can average from \$2,000 to \$3,500. Camera inspections range from \$300 to \$2,400. From January 1 to April 10, United reported 1,388 backup incidents, many of which are preventable. We can reduce these costs and protect our homes by modifying behaviors that contribute to these issues.

PROTECT BATHROOM PIPES

One of the biggest causes of sewer blockages is personal hygiene wipes. Even though they are marketed as “flushable,” wipes do not break down like toilet paper. Once a sewer line or toilet is clogged, the blockage attracts additional debris and becomes a more serious issue. To help protect our plumbing system, always dispose of wipes in the trash and only flush standard bathroom tissue.



KEEP KITCHEN DRAINS CLEAR

Pouring grease, coffee grounds or food scraps down drains can cause expensive problems for everyone. Help protect our kitchen plumbing by properly disposing of food waste. After cooking, allow fats, oils and grease (FOG) to cool, then pour them into a container and place it in your organic waste container. Use a paper towel to wipe residual grease from pans and dishes before washing them.

Keep these items out of your drain:

- **Coffee grounds**
- **Fats, oils and grease**
- **Shortening, butter and margarine**
- **Salad dressing**
- **Gravy**
- **Sour cream**
- **Mayonnaise**

HELP CONSERVE WATER

As temperatures rise, water conservation remains a shared responsibility. Water is a valuable and limited resource, and associated costs are distributed among all United residents. Simple steps such as shorter showers, drought-tolerant planting and using commercial car washes that recycle water can help reduce overall usage and expenses.

MAKE COYOTES UNWELCOME

Village representatives are working with the City of Laguna Woods, State Assemblymember Diane Dixon and state agencies to address coyote activity in the community.

No matter how well-intentioned, feeding wildlife, including leaving out food, fallen fruit or unmaintained bird feeders, is illegal, attracts predators, spreads disease and puts pets at risk.

As of March 25, 2026, Laguna Beach Animal Control, the city's contractor for coyote response services, reported:

- **Pet attacks:** 17 in 2024, 17 in 2025 and 12 in 2026
- **Pets injured:** 13 in 2024, 12 in 2025 and 8 in 2026

- **Pets killed:** 4 in 2024, 8 in 2025 and 5 in 2026

No human attacks have been reported this year or last.

REPORT VIOLATIONS

Help keep the community safe by reporting concerns related to wildlife feeding or safety hazards.

- The City of Laguna Woods: **949-639-0512** or **code@cityoflagunawoods.org**
- Village Management Services Compliance Division: **949-268-2255**

Reports may be made anonymously.

MORE EMERGENCY SERVICES COMING

The city has leased land and is working with the Orange County Fire Authority to construct a new fire station, expected to be operational by December 2029. This additional station will help distribute call volume and improve response times in our area.

We live in a wonderful community. By preventing avoidable damage, conserving resources, refraining from feeding wildlife and reporting safety concerns, we can help protect both our homes and our shared environment.

By working together, we can help protect both our homes and our shared environment.

GRF Board of Directors

The Golden Rain Foundation of Laguna Woods Board of Directors meets the first Tuesday of each month at 9:30 a.m.

Cush Bhada
President
2023-2026

Jeanne Costello
First Vice President
2025-2028

Martin Roza
Second Vice President
2024-2027

Carmen Pacella
Secretary
2025-2028

Mickie Choi Hoe
Treasurer
2025-2027

Bunny Carpenter
2025-2026

John Cornell
2025-2026

Yvonne Horton
2025-2028

John Kelsall
2025-2028

Brad Rinehart
2024-2027



A STRONG COMMUNITY IS A SAFE ONE

Awareness, responsibility and respect play a role.

By First Vice President Jeanne Costello

Our Laguna Woods community is built on comfort, security and neighborly respect. Preserving that environment requires shared responsibility. Community safety is not just the job of first responders, the Compliance Division or the board—it depends on all residents doing their part. Clear rules and smart habits prevent emergencies before they happen.

PERSONAL AND PROPERTY SAFETY

Many incidents in residential communities are preventable.

Please remember to:

- Lock doors, windows and vehicles at all times.
- Never allow unknown individuals to “tailgate” through secured gates.
- Retrieve deliveries promptly.
- Report suspicious activity immediately.
- Beware of phone, email and door-to-door scams.

Older adults remain frequent targets of fraud. If you receive a call demanding immediate payment, threatening legal action or requesting sensitive information—pause. Verify independently before responding.

Scam alerts and reporting information are available through the Federal Trade Commission. Visit ftc.gov/impersonators and reportfraud.ftc.gov.

WILDFIRE AND HEAT PREPAREDNESS

Living in Orange County means heightened awareness during fire season and periods of extreme heat.

To minimize the threat of life and property loss, residents should:

- Keep patios, balconies, and garages free of combustible clutter.
- Avoid storing flammable liquids or propane tanks improperly.
- Maintain clear access for emergency responders.
- Follow all red flag warnings and evacuation orders.
- Enroll in Everbridge—our community-wide emergency alert system.
- Test smoke and carbon monoxide detectors monthly and replace batteries twice a year.

For updates and safety guidance, visit the Orange County Fire Authority and the Orange County Sheriff's Department websites.

During heat waves:

- Stay hydrated.
- Limit outdoor activity during peak afternoon hours.
- Visit neighbors who live alone.
- Ensure pets are protected from extreme temperatures.

RULES PROTECT US

HOA rules are designed to reduce risk, protect property values and ensure emergency access.

Please observe the following:

- Grilling is permitted only in approved areas and must comply with HOA and fire regulations.
- Storage of hazardous or combustible materials is prohibited.
- Common walkways and stairwells must remain clear at all times.
- Exterior lighting must be maintained for visibility and safety.
- Structural or exterior modifications require prior HOA approval.

Non-compliance creates risk not just for one manor—but for the entire community.

VEHICLE SAFETY

Vehicle policies are a critical component of community safety.

Residents must:

- Observe all posted speed limits and traffic signage.
- Yield to pedestrians at all times.
- Park only in designated areas.
- Ensure vehicles are properly registered and insured.
- Avoid blocking fire lanes, driveways or emergency access routes.
- Follow HOA regulations regarding guest parking, oversized vehicles and inoperable vehicles.

Fire lanes exist for life safety—not convenience. Blocking access delays emergency response when seconds matter.

If you observe parking violations or unsafe driving within the community, report it to the anonymous Compliance hotline (949-268-2255) or local law enforcement when appropriate.

HOME SAFETY

Everyone wants to “age in place”

but falls are one of the most common causes of injury in 55+ communities.

Consider:

- Installing grab bars in bathrooms.
- Securing or removing loose area rugs.
- Minimizing clutter to keep entryways and pathways clear.
- Getting an emergency alert pendant to summon help if you do fall.

EMERGENCY PREPAREDNESS

Every household should be prepared to be self-sufficient for at least 72 hours during a power outage or evacuation.

Maintain:

- Water (one gallon per person per day)
- Non-perishable food
- Flashlights and batteries
- A basic first aid kit
- Necessary medications
- Important documents and cash stored in an accessible location

Prepared households reduce strain on emergency services and increase overall community resilience.

A STRONG COMMUNITY

Safety is not about restriction—it is about protection. When we follow HOA guidelines, drive responsibly, stay prepared and look out for one another, we preserve the secure and welcoming environment that makes Laguna Woods such a special place to live.

EMERGENCY CONTACTS

Emergency (Police, Fire, Medical): 9-1-1

Orange County Sheriff (Non-Emergency): 714-647-7000, ocsheriff.gov

Orange County Fire Authority (Non-Emergency): 714-573-6000, ocfa.org

Poison Control: 800-222-1222, poison.org

Southern California Edison (Power Outages): 800-611-1911, sce.com/outages

Register for local emergency alert notifications through the Orange County and Laguna Woods Village systems for real-time updates.

AlertOC: alertoc.org, 714-628-7054, alertoc@ocsheriff.gov

Everbridge: lagunawoodsvillage.com/emergency-alerts



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A VALUABLE COMMUNITY RESOURCE

Discover all the services the Laguna Woods Village PC Club has to offer.

By Director Jeffrey Beck

Laguna Woods Village residents have access to a truly exceptional resource—the PC Club. Serving our community for decades, the PC Club has built a strong reputation for helping residents confidently navigate today's rapidly changing technology landscape. Whether you are new to computers or looking to expand your skills, the PC Club offers knowledgeable guidance, hands-on learning and friendly support—all at no cost.

Many residents recently learned about the club's important role in providing information and training related to the upcoming Ting fiber optics installation. This is just one example of how the PC Club stays current and responsive to new technology that impacts our Village. Beyond this initiative, the club continues to offer a wide range of valuable, year-round services designed specifically for our community.



FREE TAX PREPARATION ASSISTANCE

During tax season, the PC Club provides free tax preparation services to help residents file their income taxes accurately and with confidence. This popular service is staffed by knowledgeable volunteers and is a tremendous benefit to many Village residents.

COMPREHENSIVE COMPUTER CLASSES

The PC Club offers a robust schedule of computer classes, covering everything from basic introductions to more advanced topics. Classes are structured, easy to follow and taught by experienced instructors who understand the needs of our community. Topics include:

- Introduction to computing and the internet
- Introduction to cloud computing
- Computer file organization and management
- Word processing (beginner to advanced using Microsoft Word)
- Presentation development (using PowerPoint)

- Spreadsheet analysis (elementary to advanced using Excel)
- Home networks and streaming
- Exploring your roots with FamilySearch
- Laguna Woods Village website and technology tools
- Managing and editing photos

Classes are held on the third floor of the Community Center in a dedicated classroom equipped with 21 student computers.

PC LAB AND ONE-ON-ONE TECHNICAL SUPPORT

In addition to classes, the PC Club operates a well-equipped PC Lab, also located on the third floor of the Community Center. Open for walk-in assistance, the lab features:

- Over 20 computers
- Three color scanners
- Two color printers
- Several dual-screen computers

The lab is staffed by PC supervisors who are available to assist residents with everyday computer and cellphone questions. From troubleshooting

The PC Club stays current and responsive to new technology that impacts our Village and offers a wide range of valuable, year-round services designed specifically for our community.

problems to learning how to use new devices or applications, help is readily available in a friendly, supportive environment.

TAKE ADVANTAGE OF THESE SERVICES

All PC Club services are free to Laguna Woods Village residents, making this one of the most valuable benefits available in our community. Whether you want to learn something new, solve a technical issue or simply feel more confident using technology, the PC Club is here to help and encourages residents to share ideas and suggestions for new classes or services.

The PC Club thrives on community involvement and looks forward to continuing to serve Laguna Woods Village for many years to come.

PC CLUB

- **Location:** Community Center, 24351 El Toro Road, third floor
- **Open for walk-in service:** Monday through Friday, 10 a.m. to 4 p.m.
- **Class times:** 10 a.m. to noon, 1 to 3 p.m., 6 to 8 p.m.
- **Website:** thepcclub.org

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NEVER TOO YOUNG, NEVER TOO SMALL

How one couple designed the life and home of their dreams at The Towers

The Towers is home to residents who are all unique. However, when Steve and Jayme Torres started to look for their dream home, it was undeniable that they were an anomaly as they toured the Towers. They were a lot younger than the other residents. They were also looking at a unit with minimal square footage.

But Steve and Jayme couldn't resist the pull they felt to the Towers. The view, the amenities and the close-to-the-beach location were enough. Steve and Jayme bought their 625-square-foot unit and started to build the life they wanted.

THE DREAM STARTS WITH VALUE

"When we discovered the Towers, the value immediately stood out," Jayme said. The couple always knew they wanted to retire close to the ocean, but they weren't looking to take on a large mortgage. Instead, they wanted a home they could manage while still keeping up with their professional obligations and personal travel.

"The price point of the units made living this close to the ocean attainable," Jayme recalled. "When we looked at the bigger picture, the community simply made sense." Association dues at the Towers take care of a lot of typical expenses—housekeeping, dining, maintenance, amenities, activities, clubs and plenty of events to stay engaged. Steve and Jayme sat down to do the math and realized that

there were few places they could live this close to the ocean that had convenience and community at the price of the Towers. Six months after touring, the Torres family bought their Towers home.

CREATIVITY IN ACTION

Downsizing to 625 square feet is a challenge for anyone, and both Steve and Jayme wondered whether they could truly adjust to a minimalist lifestyle. Enamored by the treetop view of their new Towers home, they worked on making the most of every inch. Contractors got started right away and ripped the unit down to its studs. It was a blank slate where Steve and Jayme could design their ideal cozy home with plenty of storage and room to entertain.

“By opening up the space and removing walls, we were able to dramatically expand what is truly a million-dollar view,” Steve said. “Now, our floor-to-ceiling panoramic glass doors frame breathtaking views of Laguna Canyon, the mountains, wooded hillsides, downtown Irvine and even snow on distant peaks. Whether we’re inside or outside, it always feels like we’re living in nature.”

Design elements like a Murphy bed and a custom-designed Murphy dining table have transformed the space. Steve and Jayme also worked to design floor-to-ceiling storage in the

living room that looks like a wall, which allows them to keep everything organized and off the floor while maintaining their clean, modern aesthetic.

Their passion to turn their unit into their dream home allowed them to embrace a minimalist lifestyle. They were ready to let go of anything that didn’t matter to them, choosing to keep what was important—their books, Steve’s guitars and vinyl collection, and a few cherished family heirlooms. One step into their home and it’s easy to realize that minimalist doesn’t mean boring. Instead, the curated and intentional home is full of personal details unique to Steve and Jayme.

THE AGE FACTOR

With Steve and Jayme significantly younger than the average Towers resident, they were naturally nervous about how they would fit in. Would they be able to find friends they could share stories, life and a glass of wine with? The answer was a resounding yes.

Both Steve and Jayme have formed meaningful friendships with their Towers neighbors, with ages ranging from 60 to 100! Getting active and involved in community events and meals has been the best way for Steve and Jayme to strike up a conversation and meet someone new. Themed dinners, like a recent Titanic-

inspired event, along with cocktail hours and live music performances, have become a staple in the Torres calendar.

“Honestly, there are moments when it feels like we’re living on a cruise ship,” Steve said. “That comparison feels especially fitting since we’re in the travel business and have always dreamed of living on a cruise ship full-time. In many ways, we’ve found that dream—just on land.”

A LIFESTYLE MEANT TO BE

Steve and Jayme have settled into their cruise ship lifestyle and have truly found home at the Towers. They especially love the amenities available as they no longer need to give time and mental energy to chores like grocery shopping, cooking or cleaning. Instead, they can focus on their businesses while enjoying a relaxed lifestyle.

Even better, they can always count on the fact that when they are at the Towers, they are taken care of. “One of the things we value most is the peace of mind,” Steve said. Their travel businesses often take one of them away at a time for a trip, and at the Towers, there’s no need to plan meals in advance or worry about daily logistics. “Everything is handled,” he said.

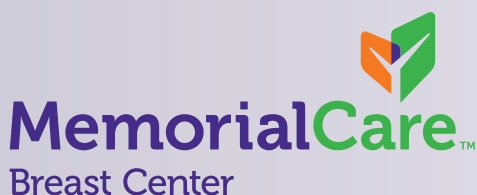
Steve and Jayme prove that you’re never too young to enjoy the lifestyle, home and view of your dreams.



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